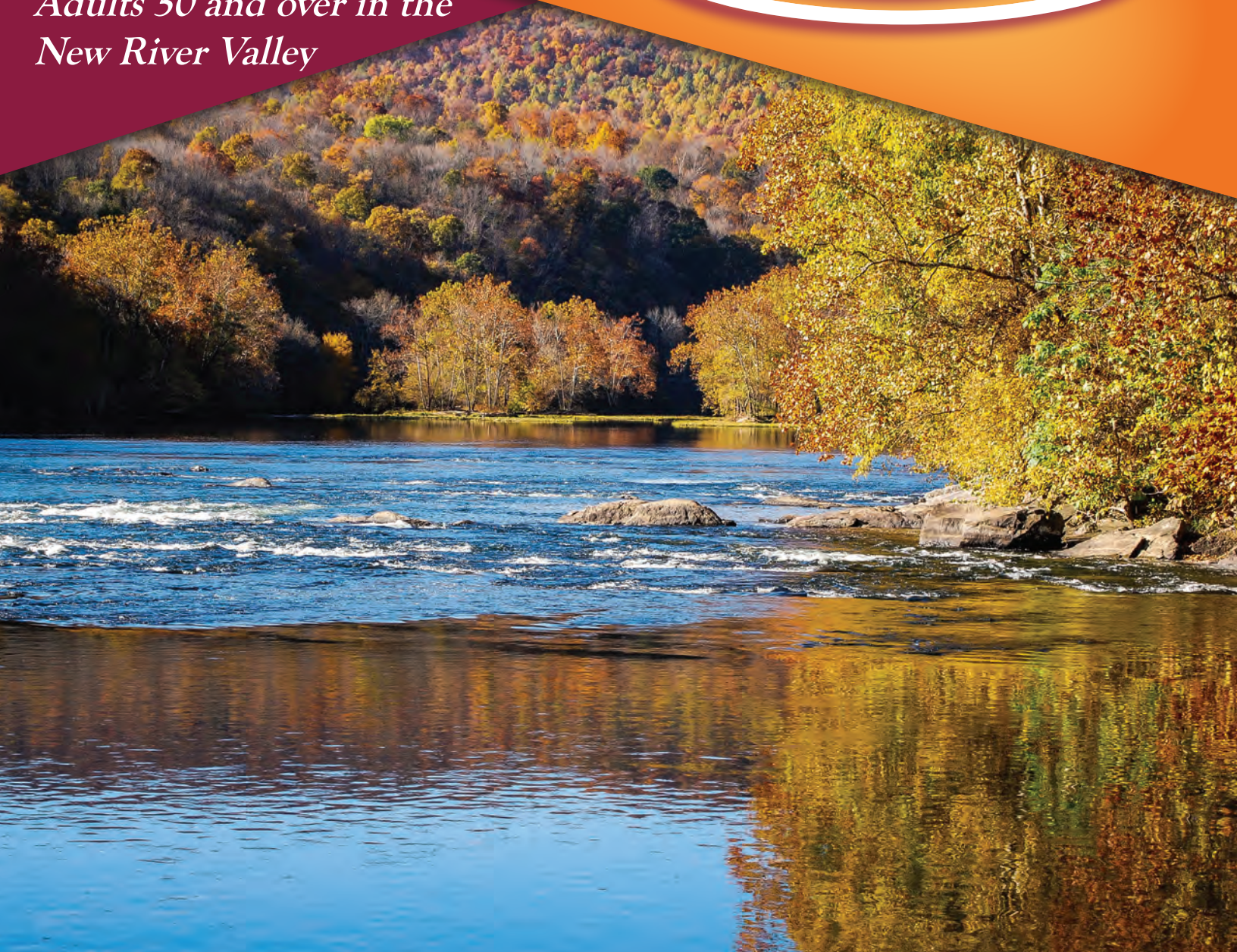


LIFELONG LEARNING INSTITUTE

AT  VirginiaTech  
*Invent the Future®*



*For Curious  
Adults 50 and over in the  
New River Valley*



**SPRING TERM 2017**

**COURSE CATALOG**





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LLI Scrapbook ..... Inside back cover

## What is the Lifelong Learning Institute at Virginia Tech?

The Lifelong Learning Institute (LLI) at Virginia Tech is a member-driven, volunteer organization that draws on the wealth of academic and community resources in the New River Valley to provide intellectual, cultural, and social experiences for curious adults 50 and older.

LLI enjoys the strong support of the Division of Outreach and International Affairs and from the university community in general, which provides infrastructure (registration, website development, catalog design, office space, classrooms, current and retired faculty, and start-up funding) for the initiative. But LLI is first and foremost a member organization, run by volunteers committed to meeting the interests of its members throughout the New River Valley. We welcome your involvement and ideas!

### COVER PHOTO

The New River near McCoy. Image by LLI member Terry Wildman.

### CLERY ACT STATEMENT

The Virginia Tech Annual Campus Security and Fire Safety Report (main campus only) includes statistics for the past three years.

The report is available at [www.police.vt.edu/clery](http://www.police.vt.edu/clery). A printed copy is available upon request by calling 540-231-6183.

### EO STATEMENT

Virginia Tech does not discriminate against employees, students, or applicants on the basis of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status or otherwise discriminate against employees or applicants who inquire about, discuss, or disclose their compensation or the compensation of other employees, or applicants or any other basis protected by law.

For inquiries regarding non-discrimination policies, contact the Office of Equity and Access at 540-231-2010 or Virginia Tech, North End Center, Suite 2300 (0318), 300 Turner St. NW, Blacksburg, VA 24061.





## What's New for Spring 2017?

The Lifelong Learning Institute at Virginia Tech has quickly found a devoted audience in the New River Valley – 250 members in Fall 2015 and more than 400 in Spring 2016. 140 new members were added in Fall 2016. Our success belongs to so many people, especially our talented volunteer instructors, class assistants, tour hosts, and deeply engaged LLI members. The rich classroom interactions are only part of the story, however. Financial support and administrative services from Virginia Tech Outreach and International Affairs and dedicated volunteer committees have given this initiative a firm foundation on which to build.

### For Spring 2017

- Try something new: there are lots of options – 20 courses and 15 special events.
- Keep up with world events through Great Decisions 2017 – presented in partnership with the League of Women Voters.
- Explore Roanoke's railroad history, an historic mill in Catawba Valley, or an old-growth forest in Stadium Woods.
- Taste Appalachian cuisine prepared by guest chefs from Fish Hawk Acres and learn to appreciate Appalachian cooking and music traditions at a very special event just for LLI.
- Learn more about Bob Dylan (recently awarded the Nobel Prize for Literature) through a 6-week class and a celebration hosted by the VT English Department.
- Take advantage of a new member benefit by attending one free session of the VT CLASS Sampler.
- And so much more!



Jerry Niles, LLI Steering Committee Chair, at the LLI Inaugural Year Celebration.

Registration begins the week of January 9. Most classes begin the week of February 6.  
See more at: <http://www.cpe.vt.edu/lifelonglearning/>

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### Registration

Virginia Tech Continuing and Professional Education  
Virginia Tech, Mail Code 0272  
702 University City Blvd.  
Blacksburg, VA 24060

#### LLI Registrar:

Leah Coffman (lcoff@vt.edu) 540-231-4364

#### General Registration Phone:

540-231-5182

#### Project Manager:

Jeanette Cooper (jcoop@vt.edu)  
540-231-4140

### LLI Volunteer Office

Lifelong Learning at VT  
Virginia Tech Outreach and International Affairs  
902 Prices Fork Road Suite 120  
Blacksburg, VA 24061

#### Phone:

540-231-5685

#### Email:

[lifelonglearning@vt.edu](mailto:lifelonglearning@vt.edu)

#### Website:

<http://www.cpe.vt.edu/lifelonglearning/>



## Membership Benefits

We welcome all who are interested in the mission and goals of the Lifelong Learning Institute at Virginia Tech. There are no prerequisites, educational or otherwise, for membership—only a desire to join others in intellectual exploration. The people, courses, stimulating discussions, events, and special access to university resources all add up to a fun and rewarding experience. Membership provides:

- Eligibility to register for a wide variety of unique classes at convenient and accessible locations at Virginia Tech and around the NRV community (class tuition and special fees apply).
- Printed course catalog mailed to your home.
- Visitor parking passes to attend on-campus classes or tours (if needed).
- A host of free special events, tours, and talks, highlighting the rich cultural history of the New River Valley, the arts, and the latest research and education initiatives happening on campuses in the region.
- Opportunities to travel with other LLI members to great destinations.
- A community of engaged and engaging peer members.

For Spring 2017, LLI is offering a new member benefit – one free session of the VT CLASS Sampler. Always wanted to hear one of these great Sampler speakers, or are you intrigued by a particular topic in the catalog description? Then this is your opportunity to drop into the Sampler class for just that one session. No prior registration is required. Just show up!

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## Fees and Registration

Most classes for Spring 2017 term will begin the week of **February 6**; courses complete by late March. Special events continue through April and early May. Courses typically meet one day per week for 1½ hours from four to eight weeks. However, the pattern varies for some courses. Please note the length of the class and the specific class meeting dates detailed in each course description before registering for that course.

Spring-only membership is \$35. You must be a member to register for a course and to attend special member events.

LLI courses are \$35 per course. Some courses require an additional materials fee or purchase of a textbook or supplies. Additional fees or costs are noted in the course description.

Registration for Spring 2017 opens Monday, **January 9**.



## LLI Spring 2017 Courses at a Glance

Most classes will begin the week of February 6. “Exploring Creativity” begins Feb. 13; “Which English Do You Speak?” begins Feb. 17. Most classes will not meet during the VT Spring Break period March 6-10; however some will. Please review specific class dates included in each course description before you register.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10:00-11:30, 5 weeks Exploring Creativity: A Five Week Sampler (limit 12) 153 VT Public Safety Bldg Feb 13, 20, 27, Mar 13, 20 (skip Mar 6)</p> <hr/> <p>11:00-12:30, 4 weeks Four Reasons to Refuel Your Friendships, Blieszner (limit 25) Hillel at Virginia Tech Feb 6, 13, 20, 27</p> <hr/> <p>1:00-2:30, 6 weeks Calling All Weather Geeks! (limit 50) German Club Manor Feb 6, 13, 20, 27, Mar 13, 20 (skip Mar 6)</p> <hr/> <p>1:00-2:30, 3 weeks Getting Your Ducks in a Row: Document Your End-of-Life Choices and Make Things Easier for Your Survivors, Berney &amp; Schlaudecker (limit 20) Hatcher Conf Rm, Blacksburg Pres Church Feb 6, 13, 20</p> <hr/> <p>1:00-2:30, 6 weeks Race, Gender, and Success in America: Insights from the Memoirs of Condoleezza Rice and Sonia Sotomayor, Smith (limit 32) 153 VT Public Safety Bldg Feb 6, 13, 20, 27, Mar 6, 13 (no skip)</p> <hr/> <p>3:00-4:30, 5 weeks Introducing Toni Morrison, Fowler (limit 25) 153 VT Public Safety Bldg Feb 6, 13, 20, 27, Mar 13 (skip Mar 6)</p>	<p>9:00-10:15, 6 weeks VT CLASS Sampler (limit 75) Warm Hearth Village Ctr Feb 7, 14, 21, 28, Mar 14, 21 (skip Mar 7)</p> <hr/> <p>10:45-12:15, 4 weeks The Roaring 20s and Dirty 30s with Will Rogers, Huppert (limit 50) Warm Hearth Village Ctr Feb 7, 14, 21, 28</p> <hr/> <p>11:00-12:30, 6 weeks Gender Issues in the Workplace, Lips (limit 20) Hatcher Conf Rm, Blacksburg Pres Church Feb 7, 14, 21, 28, Mar 14, 21 (skip Mar 7)</p> <hr/> <p>1:00-2:30 (6 weeks) Once Upon a Time—And Always: The Persistence of the Fairy Tale, Graham (limit 15) Hillel at Virginia Tech Feb 7, 14, 21, 28, Mar 14, 21 (skip Mar 7)</p> <hr/> <p>3:00-4:30, 6 weeks The Supreme Court and the Fourth Amendment, Call (limit 32) 153 VT Public Safety Bldg Feb 7, 14, 21, 28, Mar 14, 21 (skip Mar 7)</p>	<p>11:00-12:30, 8 weeks Great Decisions (limit 200) German Club Manor Feb 8, 15, 22, Mar 1, 8, 15, 22, 29</p> <hr/> <p>1:00-2:30, 6 weeks “Seeing the Real You at Last”: The Many Faces of Bob Dylan, Scallorns (limit 25) Hillel at Virginia Tech Feb 8, 15, 22, Mar 1, 15, 22 (skip Mar 8)</p> <hr/> <p>1:30-3:00 (5 weeks) Introduction to Japanese Flower Arranging, Austin &amp; Risen (limit 12) Blacksburg Com Ctr, Community Rm Feb 8, 15, 22, Mar 1, 8 (no skip)</p>	<p>9:00-10:30, 6 weeks Global Change II: Conservation, Remediation and Sustainability of Resources (limit 75) German Club Manor Feb 9, 16, 23, Mar 2, 16, 23 (skip Mar 9)</p> <hr/> <p>11:00-12:30 (4 weeks) Turning Experience into Art: Writing Life Stories and Personal Essays, Gilbert (limit 15) 153 VT Public Safety Bldg Feb 9, 16, 23, Mar 2</p> <hr/> <p>11:00-12:30 (6 weeks) Central African Federation: From British Imperialism to Independent African Countries, Tlou &amp; Mukuni (limit 30) German Club Manor Feb 9, 16, 23, Mar 2, 16, 23 (skip Mar 9)</p> <hr/> <p>1:00-2:30, 5 weeks American Political Philosophy: Founders vs. Progressives, Pearson (limit 32) 153 VT Public Safety Bldg Feb 9, 16, 23, Mar 2, 16 (skip Mar 9)</p>	<p>9:00-12:00, 6 weeks Watercolor - Enliven with Color and Concept, Pace-Berkeley (limit 15) Blacksburg Com Ctr, Community Rm Feb 10, 17, 24, Mar 3, 17, 24 (skip Mar 10)</p> <hr/> <p>10:30-12:00 (4 weeks) Which English Do You (Yous, Y’all, YinZ) Speak? Exploring the Richness and Variety of English Dialects, Walker (limit 30) Hillel at Virginia Tech Feb 17, 24, Mar 3, 17 (skip Mar 10)</p>

Special events and tours are described on pages 23 – 30.



## LLI Spring 2017 Courses and Events at a Glance by Topic

	Courses	Events
<b>Art</b>	Exploring Creativity: A Five-Week Sampler (Mon) Introduction to Japanese Flower Arranging (Wed) Watercolor – Enliven with Color and Concept (Fri)	
<b>Current Issues</b>	Race, Gender, and Success in America: Insights from the Memoirs of Condoleezza Rice and Sonia Sotomayor (Mon) Gender Issues in the Workplace (Tues) The Supreme Court and the Fourth Amendment (Tues) Great Decisions (Wed)	Gerrymandering in Virginia: How We Can Fix It (Mar 2) A South African Experience through the Eyes of Students (Mar 17)
<b>Health</b>		Resistance Training and Health: What the Research Shows (Mar 24)
<b>History</b>	The Roaring 20s and Dirty 30s with Will Rogers (Tues) Central African Federation: From British Imperialism to Independent African Countries (Thurs) American Political Philosophy: Founders vs. Progressives (Thurs)	Blacksburg History, 1862 to 1985 (Mar 28 or Apr 4) All Aboard! Explore Roanoke's Railroad History (Mar 31) Historic McDonalds Mill in Catawba Valley (Apr 17)
<b>Literature and Language</b>	Exploring Creativity: A Five-Week Sampler (Mon) Introducing Toni Morrison (Mon) Once Upon a Time–And Always: The Persistence of the Fairy Tale (Tues) Turning Experience into Art: Writing Life Stories and Personal Essays (Thurs) Which English Do You (You, Y'all, Yinz) Speak? Exploring the Richness and Variety of English Dialects (Fri)	
<b>Living well/ personal growth</b>	Four Reasons to Refuel Your Friendships (Mon) Getting Your Ducks in a Row: Document Your End-of-Life Choices and Make Things Easier for Your Survivors (Mon)	Know Your Community: TimeBanking – A New Approach to Sharing Skills and Services (Feb 17) Know Your Community: Tour the New Regional 911 Call Center and Sheriff's Office (Feb 24) More Appetizers with Roya Gharavi (Mar 28)
<b>Local culture</b>	VT CLASS Sampler (Tues)	Tastes of Appalachia: Lunch, Music and More! (Apr 11)
<b>Music</b>	"Seeing the Real You at Last": The Many Faces of Bob Dylan (Wed)	Celebration of Bob Dylan, Nobel Laureate (Feb 15) A Preview of <i>La Traviata</i> with Ariana Wyatt (Mar 3) Pre-Performance Talk: New York Gilbert and Sullivan Players (May 5)
<b>Science, environment</b>	Calling All Weather Geeks! (Mon) Global Change II: Conservation, Remediation and Sustainability of Resources (Thurs)	Ecology and Natural History of Virginia Tech's Old-Growth Forest: A Walk through Stadium Woods with Alumni Distinguished Professor John Seiler (Apr 28)
<b>Technology</b>		Enjoy eBooks and Audio Books on Your Android Devices with OverDrive (Feb 10)



## LLI Spring 2017 Special Events

Date	Day/Time/Location	Type of Event	Event Title	Limit
February 10	Friday 1:30 – 3:30 p.m. Blacksburg Library Community Room	Hands-on workshop	Enjoy eBooks and Audio Books on Your Android Devices with OverDrive	10
February 15	Wednesday 3:00 – 5:00 p.m. Hillel at Virginia Tech	Reception, music, brief talks	Celebration of Bob Dylan, Nobel Laureate	75
February 17	Friday 10:30 a.m. – 12:00 p.m. Warm Hearth Village Center	Talk	Know Your Community: TimeBanking – A New Approach to Sharing Skills and Services	50
February 24	Friday 2:00 – 3:30 p.m. Montgomery County Sheriff's Office	Field trip	Know Your Community: Tour the New Regional 911 Call Center and Sheriff's Office	25
March 2	Thursday 7:30 – 9:00 p.m. Roger E. Hedgepeth Chambers, Blacksburg Municipal Building	Forum	Gerrymandering in Virginia: How We Can Fix It	No limit
March 3	Friday 1:00 – 2:00 p.m. P. Buckley Moss Gallery	Talk	A Preview of <i>La Traviata</i> with Ariana Wyatt	20
March 17	Friday 1:30 – 3:00 p.m. VT Public Safety Building, 153	Presentations, Q&A	A South African Experience through the Eyes of Students	32
March 24	Friday 2:00 – 4:00 p.m. Warm Hearth Village Center	Talk	Resistance Training and Health: What the Research Shows	40
March 28	Tuesday 10:45 a.m. – 12:15 p.m. Warm Hearth Village Center	Talk	Blacksburg History, 1862 to 1985	50
March 28	Tuesday 1:30 – 3:30 p.m. Gourmet Pantry	Cooking demonstration	More Appetizers with Roya Gharavi	16
March 31	Friday 8:45 a.m. – 3:45 p.m. Departure from Warm Hearth Village Center or VT Public Safety Building	Field trip	All Aboard! Exploring Roanoke's Railroad History	30
April 4 (repeat of Mar. 28)	Tuesday 11:00 a.m. – 12:30 p.m. The Alexander Black House and Cultural Center	Talk	Blacksburg History, 1862 to 1985	40
April 11	Tuesday 11:30 a.m. – 2:00 p.m. German Club Manor	Luncheon, talks, music	Tastes of Appalachia: Lunch, Music, and More!	50
April 17	Monday Meet at 12:15 to board vans and depart by 12:30 p.m. Return approximately 3:30 p.m.	Field trip	Historic McDonalds Mill in Catawba Valley	36
April 28	Friday 1:30 – 3:30 p.m. 217 Clay Street	Field trip	Ecology and Natural History of Virginia Tech's Old-Growth Forest: A Walk through Stadium Woods with Alumni Distinguished Professor John Seiler	25
May 5	Friday Social, 6:00 p.m. Remarks, 6:30–7:00 p.m. The Cube, Moss Arts Center	Reception, talk	Pre-Performance Talk: New York Gilbert & Sullivan Players	30





## Exploring Creativity: A Five-Week Sampler

Humans are intrinsically creative; sometimes, however, we forget that. This class includes a range of artists in various media who will speak to the process of creativity in their own work, and to our recognizing and encouraging creativity in each of us.

Please bring pen and/or pencil to each session, along with a notebook and/or sketchbook for writing and drawing.

Monday, 10:00 – 11:30 a.m.

VT Public Safety Building, Room 153

5 weeks: Feb. 13, 20, 27, Mar. 13, 20  
(note that the class begins one week later than other LLI courses; no class Mar. 6)

Class limit: 12

Course fee: \$35

### TOPICS

#### Storytelling

I think of stories in terms of *narrative* and *character*. And I conceive of a sculpture as the climactic moment in a dramatic narrative. For me, storytelling and sculpture have always been mutually informing arts.

In this class, I will provide examples of the way “fact” and “myth” converge, and then separate, in long-lasting stories. We will participate in seeing how this happens in our own stories, as well—through exercise in the creative and sustaining invention, and re-invention of ourselves.

**Larry Bechtel** has been a sculptor of both abstract and figurative works for 30 years and has several public commissions to his credit, including “Addison Caldwell,” (Virginia Tech’s first student, upper quad) and “Ready to Serve” (Police Dog Sculpture, Vet school).



#### Memoir: Writing Your Life

Whether we write for ourselves, for our families and friends, or for a wider audience, writing about our experiences is an opportunity to share and record parts of our lives. Moreover, writing helps us to understand those experiences more deeply.

In this short workshop, I will share with you some of my own processes, how I came to write my memoir, and how I have made “stories” out of many of my experiences. We’ll discuss tips for getting started, and how to use the techniques of fiction to shape a memory into a compelling narrative. There will be a few in-class exercises.

**Simone Poirier-Bures** is author of an autobiographical novel (*Candyman*), a collection of autobiographical stories (*Nicole*), and a memoir of time she spent in Greece (*That Shining Place*). She taught in the English Department at Virginia Tech for 24 years.



#### Creativity and Health

Can writing help people heal? Can reading boost your mood? Can creative activities such as painting, playing piano, or knitting contribute to your health and well-being?

In this session, we will look to history and to contemporary culture to discover fascinating ways that people have used the arts and humanities to promote health and healing. I will also guide participants in exploring how reading and writing might affect the mind and body in powerful ways.

**Monique Dufour**, Assistant Collegiate Professor in the Department of History at Virginia Tech, is working on a book about the relationship between literacy and health in the 20th Century United States.







### Symbols to Metaphors—Personal to Universal

Several symbols recur in my sculptures, drawings, and installations. They came from life experiences and they recur because I find them to be meaningful and infinitely mysterious. I'll illustrate this through examples of my work and then lead students in the beginning stages of working their own way, via sketching and writing, from symbols in their own lives toward metaphor and meaning beyond them.

**Charlie Brouwer** has been making art since 1968. He creates wood sculptures and large installations, and he collaborates with communities in creating temporary public art projects. His studio is in Floyd County.



### Reflection/Connection

The focus of this session is to engage participants in the process of quiet sitting and journal work which involves drawing, sketching, writing, or other mark-making to learn connection to the places we inhabit.

**Robin Scully Boucher** is a teaching artist with over three decades of experience teaching art in public schools, continuing education, and university settings. As the Art Program Director for Virginia Tech's Perspective Gallery, she organizes exhibitions, community outreach, and pop-up art projects. Robin paints and draws the Appalachian landscape.



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## Four Reasons to Refuel your Friendships

Most adults have friends and interact with them regularly. You probably do, too. But have you ever thought about why friends are important? Have you been tending your friendship garden lately?

### TOPICS

Contributions of friendship to

- A healthier, longer life
- A happier, more vital you
- A more alert and productive lifestyle
- A greater urge to give back to others

**Monday, 11:00 a.m. – 12:30 p.m.**

**Hillel at Virginia Tech**

**4 weeks: Feb. 6, 13, 20, 27**

**Class limit: 25**

**Course fee: \$35**

### INSTRUCTOR

**Rosemary Blieszner** is Alumni Distinguished Professor of Human Development at Virginia Tech with a teaching and research focus on family and friend relationships in middle and late adulthood.





## COURSES

MONDAY

### Calling All Weather Geeks!

If you love a good thunderstorm, anticipate a winter blizzard, and are glued to the Weather Channel during hurricane or tornado outbreaks, you are a weather geek and this course is for you. The final class will include a tour of the National Weather Service facility in Blacksburg.

Three Virginia Tech geography professors, meteorologists from NOAA and WDBJ-7, and the Roanoke Times weather blogger will lead the sessions.

Monday, 1:00 – 2:30 p.m.

German Club Manor

6 weeks: Feb. 6, 13, 20, 27, Mar. 13, 20  
(no class Mar. 6)

Class limit: 50

Course fee: \$35

#### CLASS SESSIONS

1. Weather 101: the Earth’s atmosphere and the weather it produces  
**Drew Ellis**, VT Geography
2. Forecasting: local challenges, notable hits and misses  
**Brent Watts**, WDBJ-7
3. Storm chasing: Getting up close and personal with severe storms and tornadoes  
**Dave Carroll**, VT Geography
4. Citizen forecasting and the role of social media  
**Kevin Myatt**, *Roanoke Times*
5. Tropical weather and weather prediction  
**Stephanie Zick**, VT Geography
6. The role of National Weather Service, its technologies, and weather safety plus a tour of NWS facility  
**Steve Keighton**, NOAA





# Getting Your Ducks in a Row: Document Your End-of-Life Choices and Make Things Easier for Your Survivors

This three-session course walks you through preparation of your funeral plans so that they reflect your wishes and that your survivors are not left with difficult choices at a time when they are least able to respond. The instructors will guide a conversation with participants about these difficult topics that are often not openly addressed.

Monday, 1:00 – 2:30 p.m.

Hatcher Conference Room, Blacksburg Presbyterian Church

3 weeks: Feb. 6, 13, 20

Class limit: 20

Course fee: \$35

## TOPICS

1. Using documents and tools to facilitate end-of-life considerations including a “Dear Family” letter to share your most important memories and gratitude to those you love, an ethical will, and a designated agent.
2. Planning a funeral that reflects your wishes and comforts your survivors: What does a funeral cost? How much are you willing to spend and what can your family afford? What would you like to do for a loved one? What options and alternatives are there for burial?
3. Writing and sharing draft obituaries and funeral plans, discussing ways to save money, strategizing how to have positive conversations with family members about your end-of-life choices.

## INSTRUCTORS

**Isabel Berney** is an active member and the volunteer administrator of the Funeral Consumers Alliance, a non-profit volunteer organization that provides information to consumers. The Funeral Consumers Alliance has been cited by AARP and *Consumer Reports* as the go-to organization for accurate information about the death care industry.



**Sandy Schlaudecker** is the president of the local Funeral Consumers Alliance.



Photo credit: Peter Magolda

LLI member Jane Mahone



Photo credit: Peter Magolda

LLI members Joan Bellis and Bobby Leftwich





# Race, Gender, and Success in America: Insights from the Memoirs of Condoleezza Rice and Sonia Sotomayor

This course has been designed to explore and stimulate your thoughts about professional success and culture in America through the lives of two prolific leaders: Condoleezza Rice and Sonia Sotomayor. We will use the autobiographies of these successful women of color to discuss how common traits (race, class, family, resilience/grit, and the stereotype threat) played a role in their journey to success. Each session will explore a different construct that offers a perspective on success and culture.

Each class will begin with an expert overview, followed by guided discussions in small groups, and end with the sharing of takeaways.

## CLASS SESSIONS

1. Culture: The Root-Fruit Question  
**Wanda Smith**, Associate Professor Emeritus of Management, Virginia Tech
2. Gender and Voice  
**A.K. Ward**, Assistant Professor of Management, Virginia Tech
3. Resilience/Grit  
**Denise Simmons**, Assistant Professor of Civil and Environmental Engineering, Virginia Tech
4. Stereotype Threat/Boost  
**Brett Jones**, Professor of Educational Psychology, Virginia Tech
5. Mentoring Cross-Culturally  
**Vernard Harrington**, Associate Professor of Management, Radford University
6. Imposter Syndrome  
**Wanda Smith**, Associate Professor Emeritus of Management, Virginia Tech

## REQUIRED READING

*My Beloved World* (2013), by Sonia Sotomayor—the first Hispanic and third woman appointed to the United States Supreme Court

*Extraordinary, Ordinary People: A Memoir of Family* (2011), by Condoleezza Rice—a diplomat, political scientist, and concert pianist

Monday, 1:00 – 2:30 p.m.

VT Public Safety Building, Room 153

6 weeks: Feb. 6, 13, 20, 27, Mar 6, 13  
(continues through Spring Break)

Class limit: 32

Course fee: \$35



Wanda Smith

Photo credit: John McCormick, VT





## Introducing Toni Morrison

Nobelist Toni Morrison is known to many readers primarily by her Pulitzer-Prize winning novel, *Beloved*. Although that novel offers a stunning exploration of the impact of slavery on the mind and consciousness of individual slaves, it is not the best introduction to Morrison's work. In this course we will read and discuss two of Morrison's early novels, both from the first part of her career: *Sula* and *Song of Solomon*.

Morrison has stated that she always writes about "how people relate to one another and miss it or hang on to it . . . or are tenacious about love. About love and how to survive—not to make a living—but how to survive *whole* in a world where we are all of us, in some measure, *victims of something*." The novels we will read illustrate the difficulty human beings have in recognizing love and trying not to throw it away.

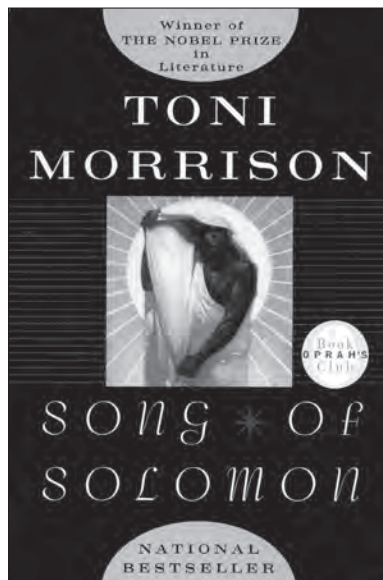
### REQUIRED READING

*Sula* (a novel about friendship)

*Song of Solomon* (a novel about the search for roots)

Students should purchase the two novels (any edition) from Amazon, Barnes & Noble, or the bookseller of their choice before classes begin.

Kindle editions are available.



Monday, 3:00 – 4:30 p.m.

VT Public Safety Building, Room 153

5 weeks: Feb. 6, 13, 20, 27, Mar. 13 (no class Mar. 6)

Class limit: 25

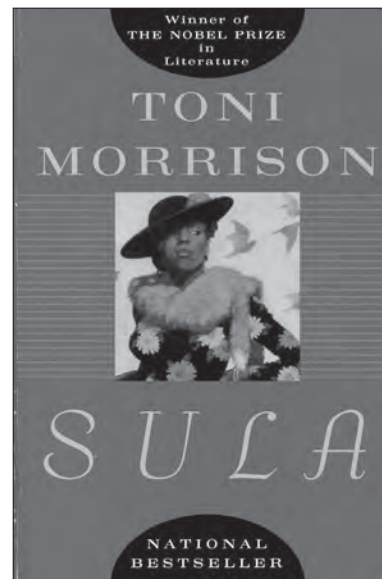
Course fee: \$35

### INSTRUCTOR

**Ginney Fowler** has been in the English Department at VT for many years. She has written books on Henry James, Gloria Naylor, and Nikki Giovanni, and regularly teaches classes in African-American literature.



Photo credit: Jim Stroup, VT





**WARM HEARTH VILLAGE RETIREMENT COMMUNITY**



**VT CLASS Sampler**

VT “CLASS” stands for “Creative Learning Academy for Senior Scholars.” This engaging sampler course treats participants to a wide range of speakers and topics—something different each week. For Spring 2017, the format will be one speaker per week on Tuesday mornings, offered in partnership with Warm Hearth Retirement Community. Spend the whole morning with LLI by signing up for The Roaring 20s and Dirty 30s class following the Sampler.

**Tuesday, 9:00 – 10:15 a.m.**

**Warm Hearth Village Center**

**6 weeks: Feb. 7, 14, 21, 28, Mar. 14, 21  
(no class Mar. 7)**

**Class limit: 75**

**Course fee: \$35**

**CLASS SESSIONS**

**February 7: The Fourth of July and the Civil War**

How did Americans celebrate their national anniversary when the nation was falling apart? Northerners used July 4 to rejoice in Union victories. African Americans seized the opportunity to prove their American citizenship. And white southerners wondered whether they should celebrate the holiday at all. In addition to exploring Americans’ varied attitudes toward Independence Day, Professor Quigley will introduce a new website on the subject, [www.july4.civilwar.vt.edu](http://www.july4.civilwar.vt.edu).

**Paul Quigley** is Director of the Virginia Center for Civil War Studies and the James I. Robertson, Jr., Associate Professor of Civil War Studies in the History Department at Virginia Tech. He is the author of *Shifting Grounds: Nationalism and the American South, 1848–65*.



**February 14: The Huckleberry and Blacksburg’s Railroad Connections**

The coming of the railroads had a great deal to do with the development of southwestern Virginia from the 1850s on. This talk will highlight that development and the influence on the region by the railroads. The rail line to Blacksburg was instrumental in the building of this community and the university to what they are today.

**Bud Jeffries** grew up in Radford watching trains and riding the Huckleberry to Blacksburg. After graduating from Virginia Tech, he made a career in the Army and returned to the area to work his cattle farm. He has written books about the history of the Norfolk and Western Railway and is now the official historian for the 611 steam project in Roanoke.



Photo credit: Virginia Transportation Museum





**February 21: The Founding and Funding of the National Endowment for the Arts**  
*(rescheduled from Fall 2016)*

How did we go from a patronage system in support of the arts in this country to the establishment of the National Endowment of the Arts? How does the federal government provide funding to local non-profit arts organizations like the Roanoke Symphony and the Lyric Theatre? We will explore the major changes made to the National Tax Code and the process required to get funding from Washington, D.C. to Roanoke and Blacksburg.

**Don Drapeau** is Professor and Department Head Emeritus of Theatre Arts at Virginia Tech. He serves as chair of the Lyric Theatre Board of Directors.



**March 14: Appalachian Ballads**

Appalachia is a land of storytellers and ballad singers, a land whose people still enjoy Oral Traditions that can be traced to the earliest settlers of the region. In the early 20th century, two “song catchers” in particular, Francis Child and Cecil Sharpe, were instrumental in bringing these songs to a wider audience. Many of these ballads are well known, such as Barbara Ellen, and many of these ballads, such as Mattie Groves, have been transformed into songs of today’s popular culture by artists as diverse as Jack White and Dolly Parton. Ballad topics range from the star-crossed lovers, to murders, to natural disasters. Though the ballads might change slightly with each generation of singers, they still make us tap our toes and contemplate the human condition.

**Alice Kinder** is the youngest of eight children born into a coal mining family in Southwest Virginia. She has spent her career teaching English at Virginia Tech and has been known to sing to her students. She hopes you will join her in some songs.



**February 28: Lewis and Clark in the New River Valley**

William Clark and Meriwether Lewis are well-known for their exploration of the western frontier, but did you know that they were connected to the New River Valley too? Historians in Virginia and other states along the eastern leg of the Trail are documenting where the Lewis and Clark journey began and ended through the Great Valley of Virginia. Fotheringay, Ingles Ferry, and Historic Smithfield may well be included in this expanded documentation of the Lewis and Clark Expedition. Come and explore this hidden history with Smithfield’s Director, April Danner.

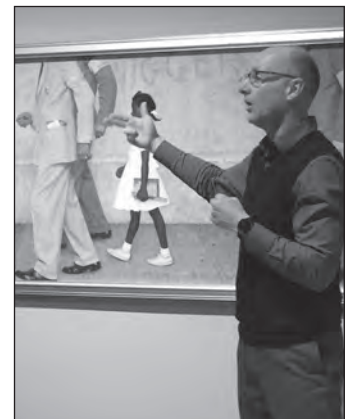
**April Danner** is Director of Smithfield Plantation and a professional historian. She is currently serving as the Montgomery and Pulaski County representative for the Eastern Legacy Lewis and Clark Project.



**March 21: Marvelous Mausoleums**

The Rural Cemetery Movement in America began with the establishment of Mount Auburn Cemetery in 1831 in Cambridge, Massachusetts. This movement redefined what it meant to die in Western Civilization. Crucial to the movement were mausoleums—tens of thousands of mausoleums across the America were built by our finest architects and artists with luxurious building materials. What was the Rural Cemetery Movement and what do these mausoleums look like on the inside? Join art historian Lee Sandstead as he discusses his research from the interiors of over 1,300 mausoleums.

**Lee Sandstead**, art historian, author, university professor and public lecturer, hosted an art history series for the Travel Channel and guided hundreds of tours and talks at the nation’s most important art galleries and museums.





## The Roaring 20s and Dirty 30s

The Roaring Twenties is a period of American history that gets less attention since there was no major military conflict during the decade. But a lot happened between 1918 and 1936 that shaped American culture for generations to come. Five presidents (Wilson, Harding, Coolidge, Hoover, and Roosevelt) and Will Rogers were important personalities of the period. Explore this era when people were hoppin' and much of America was transformed by the events, personalities, and inventions of the time.

### TOPICS

Jazz, Prohibition, sports, stock market crash, Great Depression, the Charleston, New Deal, aviation, Dust Bowl, Suffrage, radio, cars



Tuesday, 10:45 a.m. – 12:15 p.m

Warm Hearth Village Center

4 weeks: Feb. 7, 14, 21, 28

Class limit: 50

Course fee: \$35

### INSTRUCTOR

**Steve Huppert** was a teacher, coach, and guidance counselor in Montgomery County for 32 years. He was also a military instructor for seven years. He has a master's degree in education from Virginia Tech.



## Gender Issues in the Workplace

Women have entered the workplace in large numbers over the past decades. However, the transition to a gender-balanced and gender-fair workplace has not been completely smooth. We will examine some of the major issues confronting individuals and organizations as they strive to create workplaces that are congenial and fair to both women and men.

### TOPICS

1. Women's work and men's work: Occupational segregation and trends
2. Gender-based stereotyping and discrimination in the workplace
3. The gender pay gap
4. Balancing work and family: Different problems for women and men
5. Sexual harassment and micro-aggression
6. Gender, leadership, and power in the workplace

Tuesday, 11:00 a.m. – 12:30 p.m.

Hatcher Conference Room, Blacksburg Presbyterian Church

6 weeks: Feb. 7, 14, 21, 28, Mar. 14, 21 (no class Mar. 7)

Class limit: 20

Course fee: \$35

### INSTRUCTOR

**Hilary Lips**, a social psychologist, taught for more than 25 years at Radford University, where she also served as Chair of the Psychology Department and Director of the Center for Gender Studies. She is especially interested in the psychological issues related to gender, power, and leadership and to the gender pay gap.





## Once Upon a Time—And Always: The Persistence of the Fairy Tale

For centuries and in many languages, uttering the words “once upon a time” has signaled the start of a story. The roots of almost all literature lie in tales of the folk. This course will cover the history of fairy tales, look at the men and women who re-told the old oral tales or created new ones, and consider some of the specific stories that define our culture still.

### TOPICS

1. The Origins of Fairy Tales
2. Charles Perrault: “Cinderella” and “Little Red Riding Hood”
3. Mme. Le Prince de Beaumont: “Beauty and the Beast”
4. The Brothers Grimm: “Aschenputtel,” “The Almond Tree,” and “Rapunzel”
5. Christian Andersen: “The Little Mermaid”
6. Illustrations, films, and modern re-tellings

### READING

The instructor will guide participants to online versions and translations of fairy tales.

**Tuesday, 1:00 – 2:30 p.m.**

**Hillel at Virginia Tech**

**6 weeks: Feb. 7, 14, 21, 28, Mar. 14, 21  
(no class Mar. 7)**

**Class limit: 15**

**Course fee: \$35**

### INSTRUCTOR

**Kathryn Graham** has taught in the English Department at VT since 1983. Her interests include children’s literature, folklore, contemporary literature for children and young adults, and Harry Potter. She is a long-time member of the Children’s Literature Association and has served as an officer and board member.



## The Supreme Court and the Fourth Amendment

This course will cover the history and current interpretation by the Supreme Court of the 4th Amendment of the U.S. Constitution, which prohibits unreasonable searches and seizures and requires any warrant to be judicially sanctioned and supported by probable cause.

### TOPICS

1. What is a search and what is a seizure?
2. Whose actions are regulated by the 4th Amendment?
3. When is a warrant required to make a seizure or to conduct a search?
4. What is probable cause and what is its role in determining whether a search or seizure is constitutional?
5. Who may raise legal objections to the way a search was conducted?
6. What is the remedy when the 4th Amendment is violated?

**Tuesday, 3:00 – 4:30 p.m.**

**VT Public Safety Building, Room 153**

**6 weeks: Feb. 7, 14, 21, 28, Mar. 14, 21  
(no class Mar. 7)**

**Class limit: 32**

**Course fee: \$35**

### INSTRUCTOR

**Jack Call** has been a professor of Criminal Justice at Radford University since 1985. He has a J.D. from the College of William and Mary and a Ph.D. in political science from the University of Georgia.







## Great Decisions

*Presented in partnership with the League of Women Voters*

Great Decisions is a community discussion program on world affairs. The Foreign Policy Association develops background information and policy options for eight critical issues facing America and provides text and videos for discussion groups across the country. Participants prepare for class by reading a 10-page overview for each topic in a Briefing Book. Each group meeting begins with a 30-minute video with information on the issues. A local resource person who is expert on the week's topic provides additional information and guides discussion.

### TOPICS

#### The Future of Europe

The outcome of the United Kingdom referendum on EU membership sent shockwaves across the globe. It even caught British voters by surprise. The European Union has helped secure peace in Europe for the past 70 years. Now it faces an uncertain future. Amid a refugee crisis, lingering financial recession, and the constant specter of terrorism, unity seems more imperative than ever. But the Brexit vote underscores the complexities of integrating an extremely diverse continent.

#### Trade and Politics

The U.S. political mood toward trade has gone sour. One need look no further than the 2016 presidential contest for the popular narrative: trade means that China wins, at America's expense. But do the numbers support that conclusion? The metrics used to gauge economic strength—Gross Domestic Product and balance of trade—have not kept up with the realities of modern manufacturing. Obtaining an accurate picture of U.S. economic stature requires a critique of those numbers. Only then can the U.S. develop appropriate policy solutions for the challenges at hand.



**Wednesday, 11:00 a.m. – 12:30 p.m.**

**German Club Manor**

**8 weeks: Feb. 8, 15, 22, Mar. 1, 8, 15, 22, 29**

**Class limit: 200**

**Free for members of LLI**

#### Conflict in the South China Sea

The South China Sea is a locus of competing territorial claims, and China its most vocal claimant. Beijing's interest has intensified disputes with other countries in the region in recent years, especially since China has increased its naval presence. Despite rising international pressure, including an unfavorable ruling by the International Tribunal for the Law of the Sea, China staunchly defends its policies in the region. Preventing tensions from boiling over is a matter of careful diplomacy.

#### Saudi Arabia in Transition

As Saudi Arabia struggles to adjust to the drastic decline in oil revenue, Deputy Crown Prince Mohammad bin Salman attempts to transform the country and shift more power to the younger generation. At the same time, many countries point out the lack of democracy, women's rights and human rights in Saudi Arabia, and blame its promotion of Wahhabism, an extremely conservative version of Islam, for creating jihadists. Bipartisan criticism of Saudi Arabia is rising in Congress. Both countries need each other, but they are at a crossroads in bilateral relations.

#### U.S. Foreign Policy and Petroleum

For 45 years, the U.S. has alternated between periods of energy security and insecurity, sometimes able to wield petroleum as a useful instrument of foreign policy, sometimes not. Despite the so-called "energy revolution," the U.S. today is by no means disentangled from foreign dependence



and global trends. In order to be successful, policymakers must recognize both petroleum security circumstances and patterns in the relationship between petroleum and foreign policy.

**Latin America’s Political Pendulum**

The pendulum of Latin American politics is swinging rightward once again. Yet as the “pink tide” recedes, the forces of change have more to do with socioeconomics than ideology. Dramatic economic and political crises have coincided in countries like Brazil and Venezuela. Still, the final result for Latin America may be the emergence of centrist, pragmatic modes of governance, and with them, opportunities for the U.S. to improve relations.

**Prospects for Afghanistan and Pakistan**

Major internal conflict has plagued Afghanistan for four decades. The U.S. has conducted military operations in the country nearly continuously since 9/11. Today, war with the Taliban persists, and tensions between the U.S. and Pakistan have

deteriorated. As his time in office drew to a close, President Obama limited further withdrawal of U.S. troops from Afghanistan. The incoming administration has a choice: will it maintain the status quo, completely reverse the Obama administration drawdown, or withdraw completely?

**Nuclear Security**

Nuclear nonproliferation was a top priority for the Obama administration. While the Iran Deal was a diplomatic victory toward this end, major threats persist from both state and non-state actors. North Korea, Russia, and India and Pakistan continue to challenge nonproliferation efforts. The possibility that terrorists will carry out an attack using a “dirty bomb,” made from captured nuclear materials, looks increasingly real.

**RECOMMENDED READING**

Foreign Policy Association, *Briefing Book 2017*, \$25, available from Volume II Bookstore; also available in a Kindle edition at amazon.com. A copy of the print version is available at Blacksburg Public Library for in-library use.

**Introduction to Japanese Flower Arranging – Ikebana**

Come and learn the artful way to arrange flowers in the Japanese style of Ikebana. There will be hands-on experience with materials and guidance from Ikebana practitioners. Begin to acquire some arranging skills, and learn to appreciate this fresh and refreshing way to view flowers.

**CLASS SESSIONS**

1. The meaning, history, and principles of Ikebana, with a demonstration
2. The Moribana style with practice period
3. The Negaire style with practice period
4. Choice of style to practice and introduction to style variations
5. Presentation of the group’s arrangements and conclusion



**SUPPLIES**

The instructors will provide vases, Japanese needle holder, and flowers. Participants will need to bring a water pitcher and scissors.

**Wednesday, 1:30 - 3:00 p.m.**

**Blacksburg Community Center, Community Room**

**5 weeks: Feb. 8, 15, 22, Mar. 1, 8**

**Class limit: 12 Course fee: \$35 Materials fee: \$25**

**INSTRUCTORS**

**Suzi Austin** has studied Ikebana since the 1980s and received the certificate at the first level in the Sogetsu School of Ikebana.

While living in Tokyo for three years, **Betsy Risen** studied the elements of Japanese lifestyle as it pertains to everyday life in art, cooking, design, and flower arranging, including Ikebana.





## “Seeing the Real You At Last”: The Many Faces of Bob Dylan

Since his debut in 1962, Bob Dylan has released 37 studio albums, published six books of drawings and paintings and an award-winning autobiography, and is the recipient of the Presidential Medal of Freedom and the Nobel Prize in Literature—not bad for a small town Minnesotan who once proclaimed himself “more as a song and dance man.”

For all of his output, Dylan nevertheless is the most enigmatic of icons. So, in this course we will explore the many phases of Mr. Zimmerman’s long career. Along the way, we’ll examine several major recordings, concert footage, interviews, and criticism as well as Dylan’s autobiography, *Chronicles: Volume 1*.

### CLASS SESSIONS

1. “Don’t Criticize What You Can’t Understand”: Dylan the Folk Artist
2. “Play It F\_\_kin’ Loud”: Dylan Goes Electric
3. “Images and Distorted Facts”: Dylan in the Seventies
4. “Have You Seen Dignity?” Dylan in the Eighties and Nineties
5. “A Song Is Like a Dream”: Dylan the Biographer and His Never Ending Tour
6. *I’m Not There*: Screening of Todd Haynes’ 2007 film

### REQUIRED READING

Bob Dylan, *Chronicles: Volume 1*

Students should purchase this book from Amazon, Barnes & Noble, or the bookseller of their choice before classes begin. A Kindle edition is available.



Wednesday, 1:00 – 2:30 p.m.

Hillel at Virginia Tech

6 weeks: Feb. 8, 15, 22, Mar. 1, 15, 22  
(no class Mar. 8)

Class limit: 25

Course fee: \$35

LLI members are invited to attend a Celebration of Bob Dylan, Nobel Laureate, hosted by the VT English Department, Hillel at Virginia Tech, and LLI on Wednesday, February 15, 3:00 – 5:00 p.m. See Special Events in this catalog, p. 23.

### INSTRUCTOR

**Joe Scallorns** has taught in the Department of English at Virginia Tech since 2007, and before that at Louisiana State University and Chico State. He teaches creative writing, composition, and literature courses, most of which include popular culture references. He is a lifelong Bob Dylan fan.





## Global Change II: Conservation, Remediation and Sustainability of Resources

This course is the second in a series of three on Global Change. Fall 2016 focused on the science of global changes. Fall 2017 will focus on politics, policy, and legislation. New participants are welcome.

### TOPICS

#### February 9: Balancing Public Health with Water Sustainability goals in an Era of Global Change

**Amy Pruden-Bagchi**, *Professor, Civil and Environmental Engineering, Virginia Tech*



The development of antibiotics and water infrastructure are two of the greatest achievements in human history. Both laid the foundation for a quality of life that our ancestors could have never imagined. However, the rapidly changing world that we live in challenges this foundation: our infrastructure is aging, water availability and quality are diminishing, the climate is changing, and antibiotic resistance and the threat of emerging infectious disease is rising. Here we consider the example of antibiotic resistance in recycled water and how new technologies and new ways of thinking may serve to advance both water sustainability and public health.

#### February 16: Growing Population Demand for High-Quality Resources

**Julie Shortridge**, *Assistant Professor and Extension Specialist, Biological Systems Engineering, Virginia Tech*



Sustainable provision of water in the future is not only threatened by climate change, but also by increasing demand, land use evolution, and reductions in water quality. It is urgent that water infrastructure be designed in a way that can accommodate these pressures, but predicting their long-term impacts remains a challenge. This talk will discuss key challenges and approaches for sustainable water provision under global change, and how these issues vary in different regions of the world.

Thursday, 9:00 – 10:30 a.m.

German Club Manor

6 weeks: Feb. 9, 16, 23, Mar. 2, 16, 23  
(no class Mar. 9)

Class limit: 75

Course fee: \$35

#### February 23: Disease Ecology in a Changing World

**Cassidy Rist**, *Assistant Professor, Population Health Sciences, Veterinary Medicine, Virginia Tech*



Disease ecology is the study of the underlying principles that influence spatial and temporal patterns of disease. Understanding these principles provides a framework for investigating how patterns of global change, such as land-use practices, climate variation, and even the widespread use of antibiotics can influence when and where disease will occur. This presentation will provide the essential knowledge for understanding the disease ecology framework and engage the class in considering how anthropogenic (i.e. human-induced) change drives current disease events.

#### March 2: The Hidden Cost of Clean Air

**William Hopkins**, *Professor, Fish and Wildlife Conservation; Director, Global Change Center, Virginia Tech*



History confirms that some practices intended to solve one environmental issue can unintentionally contribute to creating undesirable side effects. For example, technologies designed to protect air quality from coal combustion emissions ultimately contributed to a solid waste stream that impairs surface and groundwater around the world. Several case studies will be used to illustrate these broader conservation and human health concerns resulting from unintended consequences of new technologies as we transition to alternative energy sources.





**March 16. Genetics of Adaptive Tradeoffs by Plants**

**David Haak**, Assistant Professor, Plant Physiology, Pathology and Weed Science, Virginia Tech



Food security remains challenging for both developed and developing nations, particularly in light of a changing climate. Plant pathogens alone account for an estimated 10–16% of global harvest losses, and the additional effects of drought stress and annual crop losses are estimated at hundreds of billions of dollars. Mitigating these effects via sustainably adapted crops relies on altered management practices and suitable genetic variation for novel resistance or tolerance. We will explore the use of natural genetic variation in developing resources that will allow the introduction of stable traits in high performing cultivars, with an aim toward meeting the grand challenge of providing sustainable, secure food for a predicted population of 9 billion by 2050.

**March 23. Energy Alternatives**

**David Roper**, Professor Emeritus, Physics, Virginia Tech



Since we must quit burning fossil fuels to curb global warming, we must continue the rapid development of renewable energy. After a brief review of global warming, discussion will focus on wind energy, solar energy, and biofuels. Replacing fossil fuels with renewable energy sources is well underway and can continue at a pace that will quickly decrease global warming, with the added benefit of non-exportable jobs. Electric cars and fast electric trains will be considered.

**Turning Experiences into Art: Writing Life Stories and Personal Essays**

We live in a time when personal narratives fill not only literary journals but become bestsellers and films and are featured in the pages of *The New York Times*. Often today, such nonfiction employs the tools of fiction—including dramatized action, vivid settings, and an interesting structure. As well, and crucially, there’s a reflective, truth-seeking narrator. This class strengthens personal writing skills by having students read great essays, by the instructor’s emphasizing core principles of this exciting genre, and by his asking students to respond to writing prompts that reveal their material in a new way. There is no prerequisite beyond a desire to read and write. Students who have taken previous LLI classes in writing such creative nonfiction are welcome to attend again. The instructor promises some fun new prompts!

Thursday, 11:00 a.m. – 12:30 p.m.

VT Public Safety Building, Room 153

4 weeks: Feb. 9, 16, 23, Mar. 2

Class limit: 15

Course fee: \$35

**INSTRUCTOR**

**Richard Gilbert’s** personal and memoir essays have appeared in literary journals including *Brevity*, *Chautauqua*, *Fourth Genre*, *Orion*, and *Utne Reader*. His book *Shepherd: A Memoir* was a finalist for the Ohioana Book Award. He lives in Riner near his granddaughter, who calls him Mokie.



**RECOMMENDED READING**

Haven Kimmel, *She Got Up Off the Couch*  
Rick Bragg, *All Over but the Shoutin’*



## Central African Federation: From British Imperialism to Independent African Countries

Take a journey to Central Africa with two instructors who grew up in Southern and Northern Rhodesia. Both experienced critical transitions in their homelands from British Imperialism to the creation of the Central African Federation in the 1950s and early 1960s, to eventual independence. Learn about the history, geography, political, and cultural heritage of Central Africa. Investigate the imperialist vision of Cecil John Rhodes for this region – a thriving settler colony of British expats in Southern Rhodesia, extraction of minerals and resources from Northern Rhodesia, and cheap labor provided by the nearby protectorate of Nyasaland. Learn about the creation and demise of the Central African Federation, the eventual rise of African Nationalism, and more recent developments in Zambia, Zimbabwe, and Malawi.



Thursday, 11:00 a.m. – 12:30 p.m.

German Club Manor

6 weeks: Feb. 9, 16, 23, Mar. 2, 16, 23  
(no class Mar. 9)

Class limit: 30

Course fee: \$35

### INSTRUCTORS

**Josiah Tlou**, professor emeritus of education at Virginia Tech, was raised and educated in Southern Rhodesia, where he was principal of a boarding school. Tlou has spent decades working in Africa on teacher training and development of educational systems.



**Joseph Mukuni** is the son of the king of the Leya people in Northern Rhodesia. He was a teacher and then director of vocational and technical education for the government of Zambia. Mukuni now works on a variety of teacher training and R&D projects in Africa for Virginia Tech.



## American Political Philosophy: Founders vs. Progressives

The course will compare and contrast the American Founders with Progressives on the theory and practice of American government. We'll explore several essays from *The Federalist* to glean the founders' interpretation of the Constitution and their views on limited government and enumerated powers. Then we'll contrast that with Woodrow Wilson's classic text, *Constitutional Government in the United States*, which defined the Progressive movement. Wilson argues that constitutional government must evolve and that *The Federalist* vision no longer matched actual practice. These two contrasting views on American government and the Constitution continue to shape our political discourse today.

### REQUIRED READING: SELECTIONS FROM:

*The Federalist*, Edited by George W. Carey and James McClellan. The Gideon Edition, 2001

*Constitutional Government in the United States*, by Woodrow Wilson, 2011

Thursday, 1:00 – 2:30 p.m.

VT Public Safety Building, Room 153

5 weeks: Feb. 9, 16, 23, Mar. 2, 16  
(no class Mar. 9)

Class limit: 32

Course fee: \$35

### INSTRUCTOR

**Sidney "Al" Pearson** is Professor Emeritus of Political Science at Radford University. Trained in both history and political science, Pearson researched such interests as the history of political thought, Founding Principles, Progressivism, and voting behavior.





## Watercolor: Enliven with Color and Concept

This intermediate / advanced class will explore how contemporary artists use color in unique and expressive ways. Students will continue to explore a diversity of subjects: nonobjective / abstracts, flowers, landscapes, seascapes, still-life, and portraits as they further:

- Energize their paintings with contrasts and complements
- Use color to express mood or increase drama
- Communicate meaning with symbolism or color schemes
- Break color habits through exploration and boldness
- Set the stage with colorful subjects or backgrounds

### REQUIRED SUPPLIES

Participants will need to provide paper, palette, paints, brushes, and an assortment of drawing supplies; a complete list will be provided for registrants.

Friday, 9:00 a.m.–12:00 p.m.

Blacksburg Community Center, Community Room

6 weeks: Feb. 10, 17, 24, Mar. 3, 17, 24  
(no class Mar. 10)

Class limit: 15 Course fee: \$35 Materials fee: \$35

### INSTRUCTOR

**Jesi Pace-Berkeley** recently won First Place in the 35th Faber Birren National Color Award competition for her work “Trent.” Two of her paintings were selected for the 2014 and 2015 National Face and Figure Competition Exhibits. Jesi is a Professional Fellow of the Virginia Museum of Fine Art and Artist in Residence at the Don and Catherine Bryan Cultural Series, Outer Banks.



## Which English Do You (Yous, Y’all, Yinz) Speak? Exploring the Richness and Variety of English Dialects

Around 350 million people speak English natively, but that doesn’t mean we all sound the same! How do different dialects come about? What exactly is different about them? What tools do we have to find out? Are some dialects more correct than others? Who decides? What would be lost or gained if everyone spoke the same?

Starting internationally, then focusing in on America, we’ll explore these questions in large part by using examples from your own speech, and observations you’ll make about the language of your communities. We’ll even record our own voices and look at how researchers can analyze language change and variation in pronunciation! We’ll also talk about the future of American English, in the context of multilingualism, globalization, and technological advances.

Friday, 10:30 a.m. – 12:00 p.m.

Hillel at Virginia Tech

4 weeks: Feb. 17, 24, Mar. 3, 17  
(note that the class begins one week later than other LLI courses; no class Mar. 10)

Class limit: 30

Course fee: \$35

### INSTRUCTOR

**Abby Walker** is a New Zealander and a professor who teaches linguistics at Virginia Tech. Her research focuses on how and when speakers change their accents, and how listeners (un)successfully process various accents.





## SPECIAL EVENTS and TOURS

Be sure to register early for these fun learning opportunities that come as a benefit of LLI membership. Many events are free, but space is limited. Please register for special events using the form in the back of the catalog; the form is also available online. If you are confirmed for an event that requires a fee, you will be notified of where to send your check. If you later discover that you cannot attend an event for which you have registered, please contact the LLI Office (lifelonglearning@vt.edu or 231-5685) so that someone else can use your place. There will be no refunds for fee-based events; however, another person may be substituted if you are unable to attend.

### Enjoy eBooks and Audio Books on Your Android Devices with OverDrive

Bring your **Android** phone (such as a Samsung Galaxy, Nexus, etc.) or tablet and library experts will teach you how to download Free eBooks and Audiobooks from your library. Your device will need to have at least **Android 4.0** to use the OverDrive app; be sure you know the log-in details for the Google Play store so you can download the app if you don't already have it. You can pre-load the Overdrive app at <http://app.overdrive.com>. The library offers 'book-a-librarian' appointments for one-on-one learning if you need assistance in advance of the class.

**Friday, February 10**  
**1:30 – 3:30 p.m.**  
**Blacksburg Library Community Room**  
**200 Miller Street, Blacksburg**  
**Class limit: 10** **Cost: Free**

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### Celebration of Bob Dylan, Nobel Laureate

*Hosted by the Virginia Tech Department of English and co-sponsored by Hillel at Virginia Tech and the Lifelong Learning Institute at Virginia Tech*

The Swedish Academy surprised many by selecting American musician Bob Dylan as the 2016 winner of the Nobel Prize for Literature. For more than 50 years, Dylan has been writing and singing lyrics with a very distinctive poetic voice. Join us in celebrating the life and work of this iconic artist. Several speakers will share brief observations about his impact on music, literature, and society. We'll enjoy music and refreshments, sharing favorite Dylan songs and memories.

**Wednesday, February 15**  
**3:00 – 5:00 p.m.**  
**Hillel at Virginia Tech**  
**710 Tom's Creek Road, Blacksburg**  
**Parking adjacent to the building and at the Luther Memorial Lutheran Church**  
**Event limit: 75** **Cost: Free**







## Know Your Community: TimeBanking – A New Approach to Sharing Skills and Services

A TimeBank helps to connect people to exchange skills and services, using *time* rather than *dollars*. When members provide one hour of service for someone, they earn one Time Credit. They can then spend this Time Credit by receiving an hour of service from someone else. The possibilities for exchange are endless and may include home repair, animal care, yard work, cooking lessons, computer instruction, etc. All services are valued equally, and all members are respected for what they have to offer. It is an old idea made new—the idea that our community is stronger when neighbors make a practice of helping each other.

The New River Valley TimeBank was launched in September 2016 with support from the NRV HOME Consortium, the Town of Blacksburg, the Community Foundation of the NRV and the Blacksburg Chapter of AARP. In this orientation session, participants will learn how the TimeBank works and the ins and outs of setting up a personal account to exchange skills and services.

Friday, February 17

10:30 a.m. – 12:00 p.m.

Warm Hearth Village Center

Class limit: 50

Cost: Free

### PRESENTER

**Ellen Stewart** is the Project Coordinator of the New River Valley TimeBank. She is also the Grants Coordinator for the New River Valley HOME Consortium and the Town of Blacksburg Department of Housing and Neighborhood Services.



Image courtesy of Ellen Stewart

## Know Your Community: Tour the New Regional 911 Call Center and Sheriff’s Office

Learn about the operations of the new 911 Call Center in Christiansburg that serves Blacksburg, Christiansburg, Montgomery County, and Virginia Tech. See how the people and technology interact to receive citizens’ calls and get the needed services delivered to them across the wide service area. View the resources behind the scenes that support the people and the technology.



Learn about the law enforcement responsibilities of the county Sheriff’s Office, including roles related to the towns and the university. Tour the new building (formerly the county courthouse, now refurbished) that houses the chief and his deputies while performing their duties.

Friday, February 24

2:00 – 3:30 p.m.

Montgomery County Sheriff’s Office

1 E. Main Street, Christiansburg, VA

Meet at the tour location. The Sheriff’s Office is located between Franklin and Pepper Streets in Christiansburg. Entrance and parking near Pepper Street.

Tour limit: 25

Cost: Free



# Gerrymandering in Virginia: How We Can Fix It

Co-sponsored with the League of Women Voters and OneVirginia2021

The public is welcome at the co-sponsored event. Advance registration by LLI members is appreciated; others do not need to register.

Did you know that Virginia is one of the most gerrymandered states in the country? It is, in fact, ranked 5th worst based on lack of compactness and contiguity of its districts, both congressional and state. In Virginia, state legislators redraw district lines after every 10-year census. Under the current system, the party in power in the House and that in power in the Senate can draw the lines to serve its own interests, not those of our communities. Both political parties have been guilty of gerrymandering when they controlled these bodies. **Bob Gibson**, journalist and immediate past director of the Sorensen Institute for Political Action at UVA, and the Honorable **Shannon Valentine**, former member of the House of Delegates, will speak on how the process works here in Virginia and what we need to do to fix it. This is an important and timely issue because a fair voting process lies at the very heart of our democracy.

**Thursday, March 2**  
**7:30 – 9:00 p.m.**  
**Roger E. Hedgepeth Chambers, Blacksburg Municipal Building**  
**300 South Main Street, Blacksburg**  
**Class limit: None** **Cost: Free**



# A Preview of *La Traviata* with Ariana Wyatt

Join other opera aficionados and newcomers in a preview discussion of the Metropolitan Opera's HD live performance of *La Traviata*, which will be shown at the Regal Cinema on Saturday, March 11 at 12:55 p.m.

**Friday, March 3**  
**1:00 – 2:00 p.m.**  
**P. Buckley Moss Gallery**  
**223 Gilbert Street, Blacksburg**  
**Parking available in the North End Center Garage**  
**Class limit: 20** **Cost: Free**



Photo credit: The Metropolitan Opera

## PRESENTER

**Ariana Wyatt** is Assistant Professor of Voice at Virginia Tech. She is a graduate of the Juilliard Opera Center and has performed a number of roles including Micaela in *The Tragedy of Carmen* for Opera Omaha, and Leila in *Les Pêcheurs de Perles* at the Florida Grand Opera.



Photo credit: Logan Wallace, VT



## A South African Experience through the Eyes of Students

A small group of Virginia Tech undergraduates went to South Africa in January to immerse themselves in South African culture. Their trip allowed them to explore racial apartheid and inequality from a South African perspective. This student-led presentation is a travelogue with a difference. We'll learn how South African culture and institutions are evolving in the post-Mandela period, how experiences with racial inequality in the South African context seem to apply – or not – to the U.S. This presentation offers the students and their faculty leaders from the Division of Student Affairs an opportunity to present their class findings to LLI members, and it gives us a chance to interact with a younger generation around issues of mutual interest.



Friday, March 17

1:30 – 3:00 p.m.

VT Public Safety Building, 153

Class limit: 32

Cost: Free



## Resistance Training and Health: What the Research Shows

For years, we have been told that low to moderately intense physical activity, such as walking, is sufficient to preserve health and function as we age. But this common wisdom is no longer considered true. This session will review the research on resistance training, now considered more effective at maintaining and improving lean body mass associated with better health and longevity. It also has positive effects on blood pressure, insulin resistance, resting metabolic rate, markers of aging at the cellular level, and even cognitive function. Effective resistance training does not require weight lifting. Instead it involves good form and moderate resistance to train the whole body. It is very safe, and virtually all the benefits can be obtained from two 35-minute workouts per week. Learn about the research evidence that may help you update your exercise program to get greater health benefits.

Friday, March 24

2:00 – 4:00 p.m.

Warm Hearth Village Center

Class Limit: 40

Cost: Free

### PRESENTER

**Richard Winett**, the Heilig Meyers Professor of Psychology at Virginia Tech, focuses his research on health behaviors. A recent NIH grant allowed Winett and colleagues to evaluate and explore the impact of resistance training on the health of older adults.





## Blacksburg History, 1862 to 1985

Part III in a series of talks on Blacksburg history begins with the events that transformed Olin and Preston Institute of the 1850s into Virginia Agricultural and Mechanical College after the Civil War. Blacksburg's successful bid for Virginia's land-grant college emerged from a long-standing commitment to education dating back to founders of the town and through the advocacy of well-connected leaders.



Photo credit: Alexander Black House and Cultural Center

The evolution to VPI, and later to VPI&SU, provided the economic engine that allowed the region to grow and thrive. The Alexander Black House, an impressive Victorian home and now a museum and cultural center, was finished in 1897 and is a symbol of the influence of the Black family. We'll also take a look at the aftermath of WWII on the small college town with the influx of veterans to VPI, and explore the transformational leadership of Marshall Hahn on the institution in the 1960s and 1970s. This Blacksburg history series will close with a recognition of Blacksburg's recent role on the frontier of information technology.

Choose one:

**Tuesday, March 28**

**10:45 a.m. – 12:15 p.m.**

**Warm Hearth Village Center**

**Class Limit: 50**

**Cost: Free**

OR

**Tuesday, April 4**

**11:00 a.m. – 12:30 p.m.**

**The Alexander Black House and Cultural Center**

**204 Draper Road SW, Blacksburg**

**Class Limit: 40**

**Cost: Free**

The lecture will be the same at both locations; choose one. For those needing accessible parking, please choose the Warm Hearth Village location; the Black House has very limited accessible parking.

### PRESENTER

**Hugh Campbell** is Professor Emeritus of Mathematics at Virginia Tech. In retirement, he has become an avid student of history, researching and documenting the history of Blacksburg and the region.

## More Appetizers with Roya Gharavi

Impress your family and friends with some simple, beautiful, and delicious appetizers that will look like you spent hours in the kitchen. Join Roya at the Gourmet Pantry demonstration kitchen to learn tips and techniques, and sample generous tastings, for three appetizer recipes that you can adopt as your own. (If you attended her class in March 2016, you will learn new recipes.)

### INSTRUCTOR and CHEF



**Roya Gharavi**, owner of the Gourmet Pantry in Blacksburg and cookbook author, was introduced to cooking at a young age by her mother and has been cooking and writing recipes ever since. Much of her inspiration comes from her Persian background. Roya's mission in her cooking classes is to teach people at all comfort

**Tuesday, March 28**

**1:30 – 3:30 p.m.**

**Gourmet Pantry**

**401 S Main St, Blacksburg**

**Limit: 16**

**Cost: \$20**

If your reservation is confirmed for this event, you will be notified where to send your check to guarantee your spot. (Do NOT send a check to Continuing and Professional Education for your **Special Event** registrations.) There will be no refunds for this event; however, a substitute is welcome if you are unable to attend.

levels how to cook and eat simply and healthily. Roya published her own book of recipes, *Roya's Recipes: Healthy International Cuisine*.





## All Aboard! Exploring Roanoke's Railroad History

Offered in partnership with the AARP Blacksburg Chapter

Discover Roanoke's railroad history and view some of the most important exhibits at the Virginia Transportation Museum with Beverly Fitzpatrick, museum Executive Director, as our tour guide. You will then have a brief time to explore the museum on your own. We'll then head to Second Helpings for a box lunch; proceeds from our lunch go directly to the Rescue Mission supporting families in crisis. After lunch we will visit the O. Winston Link Museum dedicated to the photography of O. Winston Link, the twentieth century railroad photographer widely considered the master of the juxtaposition between steam railroading and rural culture.



If your reservation is confirmed for this field trip, you will be notified where to send your check to guarantee your spot. (Do NOT send a check to Continuing and Professional Education for your Special Event registrations.) Fee includes van transportation from Blacksburg, museum entry fees, guided tours, and a box lunch. There will be no refunds for this event; however a substitute is welcome if you are unable to attend.

Friday, March 31

Departure meeting time: 8:45 a.m.

Departure from Warm Hearth Village Center or VT Public Safety Building.

Return to Blacksburg about 3:45 p.m.

Trip limit: 30

Cost: \$35



## Tastes of Appalachia: Lunch, Music, and More!

Co-Sponsored by the Peacock-Harper Culinary History Friends

Appalachian cuisine has been in the forefront of the local food movement for the last few years. This multi-course luncheon, created by two native-born chefs, will feature locally-sourced ingredients prepared in ways that combine mountain food traditions with culinary innovations. Since mountain feasts rarely occur without music and storytelling, the luncheon will also have Appalachian music about food and speakers who will tell the story of Appalachian food heritage. Don't miss this very special event!

If your reservation is confirmed for this event, you will be notified where to send your check to guarantee your spot. (Do NOT send a check to Continuing and Professional Education for your **Special Event** registrations.) Fee includes a multi-course lunch, music, and talks by Appalachian experts. There will be no refunds for this event; however a substitute is welcome if you are unable to attend.

Tuesday, April 11

11:30 a.m. – 2:00 p.m.

German Club Manor

Event limit: 50

Cost: \$50

### PRESENTERS

**Chefs Dale Hawkins** and **Teresa Lipps** from Fish Hawk Acres in West Virginia; **Dr. Katie Hoffman** of Appalworks, Inc., scholar and ballad singer; **Brett Tiller**, cast iron cookery expert and banjo player; and **Dr. Jean Haskell**, Appalachian Highlands Consulting, and retired director/professor of Appalachian Studies at Virginia Tech and East Tennessee State University.





## Historic McDonalds Mill in Catawba Valley

*Presented by the New River Land Trust*

Join the New River Land Trust on a trip to the scenic Catawba Valley and the privately owned Yost property. This 289-acre conserved farm contains the historic McDonalds Mill, listed on the National Register of Historic Places and the Virginia Landmarks Register. It also contains the headwaters of the North Fork of the Roanoke River, a local waterway that is home to two endangered species of fish (the Roanoke Logperch and the Orange Mad Tom Catfish). The farm grazes cows that produce milk for Homestead Creamery Ice Cream. We'll have a guided tour of the old mill by owner Ned Yost, and Mike Pinder, of the Department of Game and Inland Fisheries, will present a hands-on demonstration of stream critters, and discuss the stream restoration that has been done on the property. John Eustis, Executive Director of the New River Land Trust, will discuss conservation in the Catawba Valley, which is a state-designated Special Project Area for conservation.

This field trip involves walking on uneven ground and standing for an extended period. Please wear appropriate shoes and clothing for an outdoor experience.



McDonalds Mill  
Photo credit:  
New River Land Trust

**Monday, April 17**

**Meet at 12:15 to board vans and depart by 12:30 p.m.**

**Return approximately 3:30 p.m.**

**Tour limit: 36**

**Cost: Free**

Van transportation provided on a first-come, first-served basis for up to 25. Additional participants may carpool or drive themselves. Directions will be provided.

## Ecology and Natural History of Virginia Tech's Old-Growth Forest: A Walk through Stadium Woods with Alumni Distinguished Professor John Seiler

The Virginia Tech campus is home to a rare 11.5 acre old-growth forest known as Stadium Woods. The age of the trees, structure of the forest, and its urban location make this forest rare and unique. It is also an integral part of the Virginia Tech experience, as many travel through the woods on their way to fall Hokie football games or walk through the woods heading to and from classes. During this 2-hour tour, we will visit some of the largest trees and some of the smallest trees, identify old-growth forest characteristics, and explore some of the "ruins" left from past uses of the wooded area. We'll see the impact of invasive species and urban pressures and learn about tools and techniques used in forest ecology.

This field trip involves walking on uneven ground and standing for an extended period. Please wear appropriate shoes and clothing for an outdoor experience.

**Friday, April 28**

**1:30 – 3:30 p.m.**

**Meet at flagpole near 217 Clay Street (previously Cranwell International Center), Blacksburg**

**Tour limit: 25**

**Cost: Free**

### PRESENTER

**John Seiler** is Alumni Distinguished Professor in the College of Natural Resources and Environment. His online alias is much simpler "Dr. Dendro." As Dr. Dendro he answers hundreds of tree questions submitted by the public every year. He has been at Virginia Tech for over 35 years and teaches numerous classes and conducts research with his graduate students on how environmental stress impacts tree growth and health.





## Pre-Performance Talk: New York Gilbert & Sullivan Players

*Presented in partnership with the Moss Arts Center*

Prior to the performance of H.M.S. Pinafore, hear Albert Bergeret, Artistic Director of New York Gilbert & Sullivan Players, speak on the history, themes, satire and vocabulary of the production, and interact during a question and answer session.

Mingle over wine and cheese with other LLI members and ticket holders.

Tickets for the performance of H.M.S. Pinafore should be purchased from the Moss Arts Center, <https://www.artscenter.vt.edu/Online/>

**Friday, May 5**

**Wine, cheese, and LLI mingle beginning at 6:00 p.m.**

**Remarks, 6:30 – 7:00 p.m.**

**The Cube, Moss Arts Center**

**Event limit: 30**

**Cost: Free for the preview event; wine and beverages available for purchase**



Photo credit: New York Gilbert and Sullivan



## New to LLI and wondering what to expect?

Read what members said about some of their Fall 2016 classes and instructors.

Volunteer faculty sharing what they know and love is at the core of the LLI learning experience, whether it is a lecture about the crisis in the Middle East or a hands-on art course guided by a talented local artist. Here are a few comments about Fall 2016 LLI learning experiences:

### The Arab Spring, Bill Ochsenwald instructor:

- I would like any course Bill offers. He is a superb lecturer helping us to understand an important and complex part of the world.
- A clear explanation of a complicated situation. I feel like I know so much more about the Arab Spring.
- Excellent, great knowledge and humor, good combination. Very pleasant experience, looking forward for more courses from Dr. Bill.



### Oil Painting Basics, Lois Stephens instructor:

- Fantastic class! Lois has a wonderful way to share her wisdom and is so supportive that a “newbie” feels comfortable.
- Really great instructor and fantastic group to be part of.

### Virginia Woolf, Michael Squires instructor:

- Mike Squires is an expert professor – so knowledgeable, well-prepared, good at leading discussion. He always has good questions to direct conversations, good passages to help us focus on the text, good movie clips as well as art to contextualize. We read two short biographies that helped explain these novels. I would take any course he teaches.

### Living Well to the End, Tina Smusz, Anne Judkins Campbell, and Jerry Niles instructors:

- This class was invaluable for end-of-life planning – very detailed as to options for medical, family and legal considerations. Well worth the time – a great class!



### Sounds of the South, Richard Straw instructor:

- Worked great. The teacher knew the topic so well and he was able to share his enthusiasm with the class. Very enjoyable! He was engaging and encouraged questions and discussion as much as possible.
- Great course, very knowledgeable instructor. Very interesting.



### Rich History of Montgomery County, Molly McClintock and Irene Petersen course coordinators:

- This was an amazing experience! The guests were exceptional and have excellent presentations.
- Coordinators were outstanding. Speakers were very good.





## How to Register for Membership and Courses

### ONLINE

You are strongly encouraged to register for membership and courses online through the LLI registration website maintained by Virginia Tech Continuing and Professional Education (CPE): [www.cpe.vt.edu/lifelonglearning](http://www.cpe.vt.edu/lifelonglearning). Beginning January 1, 2017, CPE is using a new, easier-to-use registration program. All members must register individually by setting up an online CPE Student Profile. Those with a 2016-17 annual LLI membership should have received an email notification in December with your new user name and password from CPE. If so, then you may log in directly with that information. Others should create a new Student Profile.

Steps for online registration:

1. Create your Student Profile.
2. Register for your LLI membership and select desired courses.
3. Pay by credit card through Virginia Tech's secure online payment system.
4. You will receive an automatic confirmation of your course registration(s).
5. Please clear or refresh your browser or log out before you enter a second registration from the same computer.

### PAPER REGISTRATION

Complete the paper registration forms included in the printed catalog – one for courses and a separate form for special events. (Both forms are also available in pdf online.) Mail the forms with your check or credit card information to LLI Registrar, Continuing and Professional Education, Virginia Tech Mailcode 0272, 702 University City Blvd, Blacksburg, VA 24061. Paper registrations and checks/credit card information may also be dropped off at the CPE office weekdays between 9:00 a.m. and 5:00 p.m. Please do not send or deliver cash.

## How to Register for Special Events

There will be no online registration for special events this spring. To reduce our costs, LLI volunteers will handle special event registration. Register for special events using the form provided in the catalog; the form is also available in pdf online. Don't forget that you must also register as a member (online or on paper) to participate in Special Events. Completed forms should be mailed to the Continuing and Professional Education Office. Many spring special events are free, except "More Appetizers with Roya Gharavi," "All Aboard: Explore Roanoke's Railroad History," and the "Tastes of Appalachia Luncheon." If you are confirmed for any of the three fee-based events, you will be notified where to send your check. Do NOT send fees for these three events to Continuing and Professional Education. Questions concerning special event registration should be directed to the LLI Volunteer Office, 540-231-5685, or [lifelonglearning@vt.edu](mailto:lifelonglearning@vt.edu), not CPE. (Please leave a message so someone can return your call.)

### NEED HELP?

Call the LLI Registrar, Leah Coffman, at Continuing and Professional Education, 540-231-4364 (direct number). The general number for CPE Registration is 540-231-5182; others can assist you if Leah is not available. For special event questions, call the LLI Volunteer Office, 540-231-5685 and leave a message.

Please note that some classes and events have limited seats available. Early registration and selection of a second-choice course are recommended.

### FEE WAIVERS

The Lifelong Learning Institute is committed to accessible and affordable educational opportunities for NRV residents. Requests for fee waivers should be addressed to the LLI Registrar, Leah Coffman, [lcoff@vt.edu](mailto:lcoff@vt.edu), phone 540-231-4364. All requests are confidential.



## COURSE AND EVENT WAIT LISTS

If a desired course is full, call the LLI Registrar (540-231-4364) to put your name on the wait list if desired. If an opening occurs, wait-listed members will be contacted in order. Please do not attempt to join the class unless contacted. If a special event is full, your name will automatically be added to the event waitlist. You will be contacted if space becomes available.

## GUESTS

A non-member may attend a single class session as a guest if (1) the guest has never been a member of the LLI, (2) there is space in the classroom and (3) the instructor approves, preferably in advance. If the guest wishes to attend future classes, he or she will need to register through Virginia Tech Continuing and Professional Education.

## TO ADD A COURSE

If you are already registered for the term and wish to add another course, you add it online by going to your student account or calling the LLI Registrar, Leah Coffman, at 540-231-4364 for assistance. If the course is not full, it may be added to your schedule.

## TO DROP A COURSE OR EVENT

If you need to drop a course before it has begun, please notify the LLI Registrar so that we may fill your spot from the wait list. If you cannot attend a special event for which you are registered, please call the LLI Volunteer Office at [lifelonglearning@vt.edu](mailto:lifelonglearning@vt.edu).

## REFUNDS

Membership fees are not refundable. Course refunds will not be issued after the first day of the term (February 6 for Spring term). Special event fees are not refundable, but a substitute is welcome. The LLI Volunteer Office can also suggest someone from the waitlist if desired.



Jerry Niles and Mike Hyer, volunteer A/V Technicians

## INCLEMENT WEATHER

LLI will follow the Montgomery County Public Schools on cancellations for inclement weather. Any delayed openings for the public schools do not affect our classes; however, class members should use their best judgment when it comes to driving in bad weather and check their email to learn of any class-specific cancellations.

## SCHEDULE CHANGES

All schedule changes and last-minute class cancellations are communicated by email. Please check your email regularly.

## MAKEUP CLASSES

If a makeup class is scheduled for a cancelled one, you will be notified of the date and time.

## ACCOMMODATIONS

If you are an individual with a disability and desire accommodation or you have questions about the physical access provided at a location, please contact the LLI Volunteer Office at 540-231-5685 or contact us by email at [lifelonglearning@vt.edu](mailto:lifelonglearning@vt.edu) at least 14 days in advance of the start of class or the event.

## CERTIFICATES/CEUs

LLI does not award certificates or CEUs (Continuing Education Units) for participation in an LLI course or event.



# Class Locations and Campus Parking Permits

Every attempt will be made to schedule LLI courses at convenient and accessible locations. Visitor parking passes will be issued for those who need them if you register for classes and events scheduled on the Virginia Tech campus. Please be sure to check the box on your registration form if you need a parking pass in order to attend your class. VT parking passes are only required at the Virginia Tech Public Safety Building. Virginia Tech retirees who have valid parking permits do not need special visitor passes.

For Spring 2017, LLI classes will be scheduled at the following facilities.

### Virginia Tech Public Safety Building

330 Sterrett Drive (off Southgate Drive, next to the Football Stadium) Classrooms 153 and 155

Map Grid: O-10, BLDG: 190

Parking available in Faculty/Staff/ Visitor lot P52; parking pass required. Handicap parking in front of the building.

### The German Club Manor

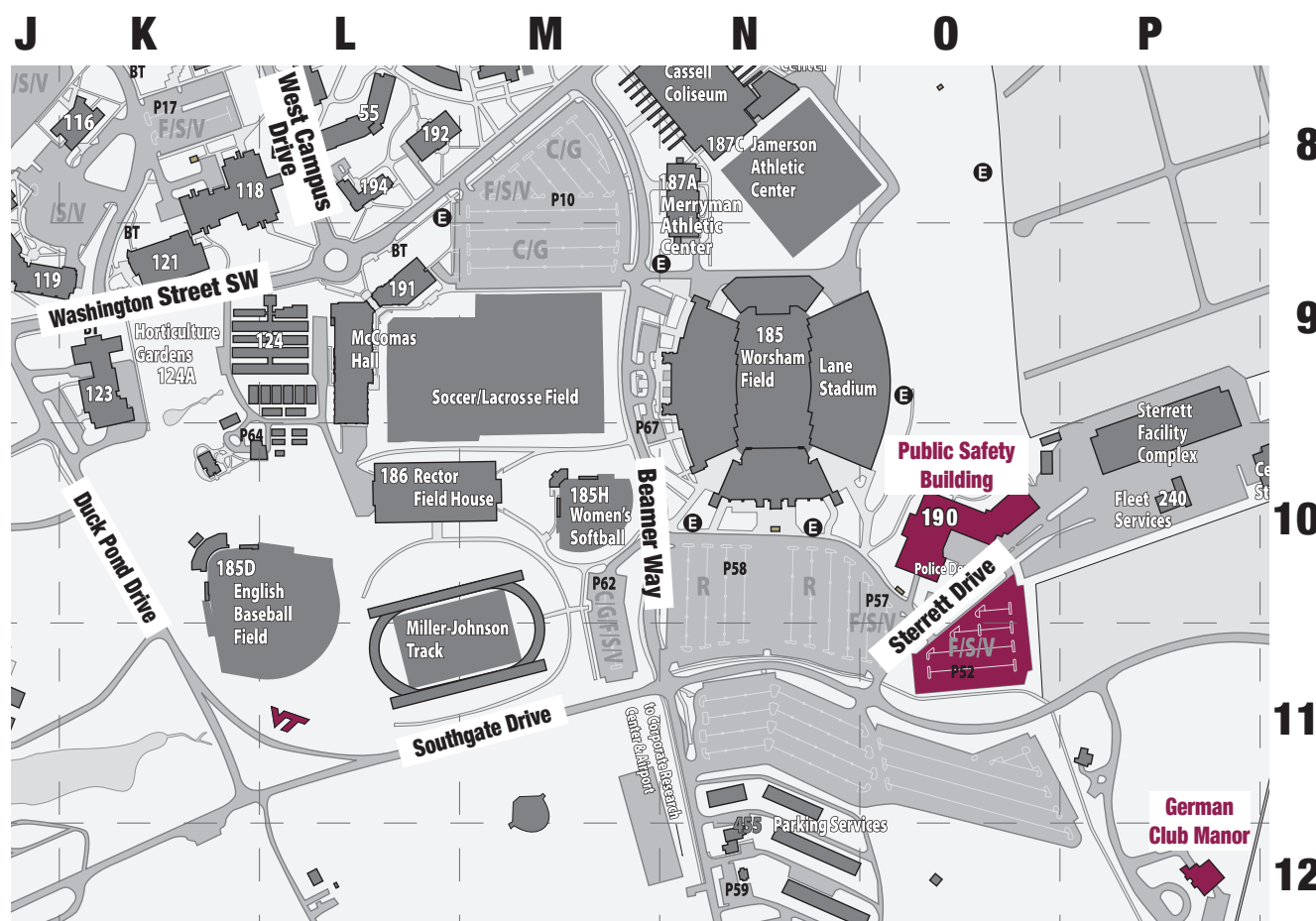
711 Southgate Dr, Blacksburg

Phone: 540-552-6830

Map Grid: P-12

Parking passes are NOT required at this location.

### Virginia Tech Campus Map





**The Village Center, Warm Hearth Village Retirement Community**

2387 Warm Hearth Drive, Blacksburg

Village Center Receptionist:  
(540) 443-3800

Directions to Warm Hearth:

<http://www.retire.org/index.php/directions>

**Blacksburg Community Center**

725 Patrick Henry Drive, Blacksburg

Phone: 540-961-1897

**Blacksburg Presbyterian Church**

701 Church Street, S.E., Blacksburg

Phone: 540-552-2504

The Hatcher Conference Room can be accessed from the Eakin Street entrance.

**Hillel at Virginia Tech**

710 Tom's Creek Road, Blacksburg

Phone: (540) 951-5397

Parking available adjacent to building and also at Luther Memorial Lutheran Church.

**VT PARKING PERMITS**

Virginia Tech retirees who have valid parking permits do not need special visitor passes. Visitor passes will be issued, if needed, for classes and events scheduled on the Virginia Tech campus. You must register by January 25th to receive your passes in the mail. If you register after this date, you may receive your parking passes on the first day of class or you may pick them up from the LLI Registrar at the CPE Offices, 702 University City Blvd. No pass is needed at the German Club Manor.



Photo credit: Anne Jenkins Campbell

Class members in "Living Well to the End," Fall 2016





## Volunteer

Like its many LLI counterparts across the country, the Lifelong Learning Institute at Virginia Tech depends on volunteers who develop programming and deliver service to our participants. When you sign up for classes with LLI, you become a MEMBER. We need, want, and encourage members to volunteer to support the organization in a variety of ways depending on your interest and experience. Please consider volunteering! Here are some ways to contribute:

### TEACHING

If you are interested in joining the LLI faculty, please take a look at the course proposal form on the LLI webpage. We welcome your suggestions for courses, lectures, and programs. LLI instructors receive free one-term membership and free enrollment in one course.

### CLASSROOM SUPPORT

Would you like to support your instructor by organizing and distributing classroom information, communicating course information to classmates, and setting up the classroom where needed? Class assistants arrive early, put up directional signs, greet members, pass out visiting parking passes to those who need one, introduce the instructor, and make sure the room is arranged as needed by the instructor and restored after class. Some instructors will also appreciate assistance with A/V or handouts. Training will be provided. Larger classes may have multiple assistants.

### COMMITTEE WORK

There are currently four LLI committees: Program Committee (recruits instructors, develops or approves courses and special events and field trips, oversees development and publication of the LLI catalog); Membership and Publicity Committee (recruits and supports members, develops and coordinates distribution of publicity materials); Volunteer Committee (recruits, trains, and coordinates volunteers); and Social Events Committee (plans social activities for members).



Photo credit: Peter Magolda.

LLI volunteers extraordinaire, Bev Walters and Tamara Hodsden, help an LLI member check in.

### ADMINISTRATIVE SUPPORT

LLI volunteers are needed to register members for special events, prepare class lists and name tags, design and distribute emails to the membership, maintain the LLI webpages and Facebook page, write news releases or other publicity materials, and manage a host of other administrative tasks. Data entry, spreadsheet, and web skills are especially appreciated. Much of this work can be done from home on a flexible schedule.

### OTHER

Can you help an instructor create PowerPoint slides? Can you take photographs of LLI activities for use in publications or the website? Do you have good A/V or computer skills? Are you a good driver and willing to drive a small van for field trips? Are you willing to coordinate an informal group of members with shared interests (books, movies, geology, learning technology, crafts, whatever...)?

If you are interested in volunteering, please contact Molly McClintock (mollymclintock235@gmail.com) or Tamara Hodsden (bearshed@pemt.net) or complete the volunteer interest form on the LLI website. We need your involvement!

# Membership and Course Registration Form

## Lifelong Learning Institute at Virginia Tech



### Instructions for mail-in or walk-in registrations:

1. Please print or type and complete a separate form for each participant.
2. Complete both sides of this form for MEMBERSHIP and COURSE registrations.
3. Complete the separate form included in the catalog for any SPECIAL EVENT registrations. If you are registering for special events only (no courses), you must also complete this form and pay the membership fee to become an LLI member.
4. Mail forms and your check to Continuing and Professional Education (CPE). Address on the back of this form. You may also drop them off at the CPE Office during regular business hours. Registration opens January 9.
5. Questions about MEMBERSHIP AND COURSE registrations may be addressed to the LLI registrar: 540-231-4364 or 540-231-5182.

**Please print or type—complete a separate form for each participant** (The information you provide is subject to the Freedom of Information Act guidelines.)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone No. \_\_\_\_\_ Email \_\_\_\_\_

Signature \_\_\_\_\_

**Spring 2017 ONLY Membership Fee: \$35**

### Courses (Please indicate your first and second choices for attendance.)

1st	2nd	
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Exploring Creativity: A Five Week Sampler
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Four Reasons to Refuel Your Friendships
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Calling All Weather Geeks!
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Getting Your Ducks in a Row: Document Your End-of-Life Choices and Make Things Easier for Your Survivors
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Race, Gender, and Success in America: Insights from the Memoirs of Condoleezza Rice and Sonia Sotomayor
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Introducing Toni Morrison
<input type="checkbox"/>	<input type="checkbox"/>	\$35 VT CLASS Sampler
<input type="checkbox"/>	<input type="checkbox"/>	\$35 The Roaring 20s and Dirty 30s with Will Rogers
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Gender Issues in the Workplace
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Once Upon a Time — And Always: The Persistence of the Fairy Tale
<input type="checkbox"/>	<input type="checkbox"/>	\$35 The Supreme Court and the Fourth Amendment
<input type="checkbox"/>	<input type="checkbox"/>	\$ 0 Great Decisions
<input type="checkbox"/>	<input type="checkbox"/>	\$35 "Seeing the Real You at Last": The Many Faces of Bob Dylan
<input type="checkbox"/>	<input type="checkbox"/>	\$60 Introduction to Japanese Flower Arranging (includes a \$25 materials fee)
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Global Change II: Conservation, Remediation and Sustainability of Resources
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Turning Experience into Art: Writing Life Stories and Personal Essays
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Central African Federation: From British Imperialism to Independent African Countries
<input type="checkbox"/>	<input type="checkbox"/>	\$35 American Political Philosophy: Founders vs. Progressives
<input type="checkbox"/>	<input type="checkbox"/>	\$70 Watercolor: Enliven with Color and Concept (includes a \$35 materials fee)
<input type="checkbox"/>	<input type="checkbox"/>	\$35 Which English Do You (You, Y'all, Yinz) Speak? Exploring the Richness and Variety of English Dialects

I am already an annual member for Fall 2016-Spring 2017.  Yes  No

**Membership fee (Spring Only \$35):** \$ \_\_\_\_\_

**Course Fee(s):** \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

<b>Office Use</b>	Entered	AMT: _____
		CC/CHK#: _____
		DATE: _____

lifelonglearning 568683 webpdf

**Continue registration on the back**

Name: \_\_\_\_\_



**Parking:** Virginia Tech retirees who have valid parking permits do not need special visitor's passes. Visitor parking passes will be issued, if needed, for classes and events scheduled on the Virginia Tech campus. No parking pass is needed for the German Club Manor. You must be registered by January 25 to receive parking passes in the mail. If you register after this date, then you will receive your parking passes on the first day of class.

Will you require a visitor parking pass for a Virginia Tech campus class?  Yes  No

#### Refund and Cancellation Policy

Membership fees are not refundable. Course refunds will not be issued after the first day of the term (February 6 for the Spring term). In the unlikely event that a course is cancelled or postponed due to insufficient enrollments or unforeseen circumstances, the university will fully apply registration fees to future courses. The university cannot be held responsible for any expenses, including cancellation or change charges assessed by airlines, hotels, travel agencies, or other organizations.

For weather or disaster-related program cancellation or postponement information, please call 540-231-9489.

Return with payment by **one week before course** (no staples, tape, or paper clips, please) to:

LLI Registrar  
Continuing and Professional Education  
Virginia Tech, Mail Code 0272  
702 University City Blvd.  
Blacksburg, VA 24061  
phone: 540/231-4364  
fax: 540/231-3306 (for credit card registrations only)

lifelonglearning 568683 webpdf

Method of payment: *Payment of registration fees is required prior to program attendance. Registration will be processed when payment is received.*

Check enclosed (Make payable to: Treasurer, Virginia Tech CE)

Credit Card:  Visa  MC  AmEx  Discover  
(Credit Card payment may be mailed, faxed, or given to registrar over the phone. No credit card information will be processed by voice mail or email.)

Cardholder name \_\_\_\_\_

Cardholder signature \_\_\_\_\_ Date \_\_\_\_\_

Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

# Special Event Registration Form

# Lifelong Learning Institute at Virginia Tech



L I F E L O N G L E A R N I N G

### Additional instructions for Special Event registrations:

1. Complete this form for special event registration(s). Mail (or deliver) this form with your membership and/or course registration form to Continuing and Professional Education, Mail Code 0272, 702 University City Blvd., Blacksburg, VA 24061. Online registration is NOT available for special events for Spring 2017; use this paper form or download the pdf from the LLI website.
2. Special events are free, except for "More Appetizers with Roya Gharavi," "All Aboard" trip to Roanoke museums, and "Tastes of Appalachia" luncheon. If your reservation is confirmed for one of these events, you will be notified where to send your check to guarantee your spot. (Do NOT send a check to Continuing and Professional Education for your **Special Event** registrations.)
3. Registration for special events will be confirmed separately from your membership and course registrations by LLI volunteers.
4. For questions concerning special event registration, wait lists, or cancellations, please contact the LLI office at 540-231-5685 or [lifelonglearning@vt.edu](mailto:lifelonglearning@vt.edu). Do not call the Continuing and Professional Education Office.

**Please print or type—complete a separate form for each participant**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone No. \_\_\_\_\_ Email \_\_\_\_\_

- I have also registered as a member and paid the annual or Spring 2017 membership fee.

**Special Events:** Please indicate below which events you plan to attend. Many special events have limited space. Attendance requires pre-registration.

- Friday, February 10, 1:30 – 3:30 p.m., Enjoy eBooks and Audio Books on Your Android Devices with OverDrive (hands-on workshop)
- Wednesday, February 15, 3:00 – 5:00 p.m., Celebration of Bob Dylan, Nobel Laureate (reception, music, brief talks)
- Friday, February 17, 10:30 a.m. – 12:00 p.m., Know Your Community: TimeBanking – A New Approach to Sharing Skills and Services (talk)
- Friday, February 24, 2:00 – 3:30 p.m., Know Your Community: Tour the New Regional 911 Call Center and Sheriff's Office (tour)
- Thursday, March 2, 7:30 – 9:00 p.m., Gerrymandering in Virginia: How We Can Fix It
- Friday, March 3, 1:00 – 2:00 p.m., A Preview of *La Traviata* with Ariana Wyatt (talk)
- Friday, March 17, 1:30 – 3:00 p.m., A South African Experience through the Eyes of Students (presentations, Q&A)
- Friday, March 24, 2:00 – 4:00 p.m., Resistance Training and Health: What the Research Shows (talk and demo)
- Tuesday, March 28, 10:45 a.m. – 12:15 p.m., Blacksburg History, 1862 to 1985 (talk)  
*Choose this option if you need accessible parking.*
- Tuesday, March 28, 1:30 – 3:30 p.m., More Appetizers with Roya Gharavi (cooking demonstration) (Fee: \$20)  
*Payment instructions will follow confirmation of your reservation.*
- Friday, March 31, 8:45 a.m. – 3:45 p.m., All Aboard! Exploring Roanoke's Railroad History (tours) (Fee: \$35)  
*Payment instructions will follow confirmation of your reservation.*
- Tuesday, April 4, 11:00 a.m. – 12:30 p.m., Blacksburg History, 1862 to 1985 (talk)
- Tuesday, April 11, 11:30 a.m. – 2:00 p.m., Tastes of Appalachia: Lunch, Music, and More! (lunch, music, talks) (Fee: \$50)  
*Payment instructions will follow confirmation of your reservation.*
- Monday April 17, 12:15 – 3:30 p.m., Historic McDonalds Mill in Catawba Valley (field trip)  
\_\_\_\_\_ Van transportation requested  
\_\_\_\_\_ I will provide my own transportation
- Friday, April 28, 1:30 – 3:30 p.m., Ecology and Natural History of Virginia Tech's Old Growth Forest: A Walk through Stadium Woods with Alumni Distinguished Professor John Seiler (field trip)
- Friday, May 5, 6:00 – 7:00 p.m., Pre-Performance Talk: New York Gilbert & Sullivan Players (reception, talk)

### LLI Registration Notes:

Registration entered \_\_\_\_\_ by \_\_\_\_\_  
DATE INITIALS





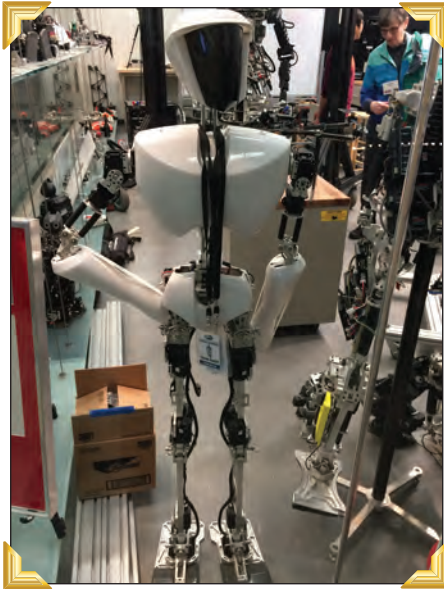


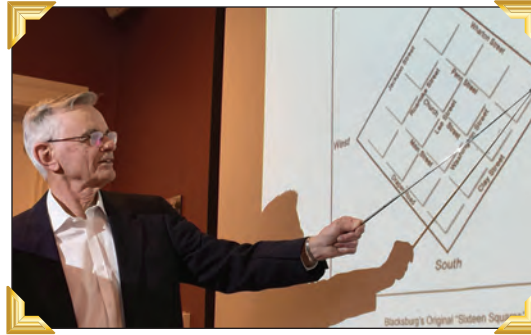
Photo credit: Pat Hyer

Visiting humanoid robots at the VT TREC lab, Spring 2016

Art Buikema, Julia Lewis, and Alison Galway at Great Decisions Preview, Jan 2016



Photo credit: Dave Elmore



Hugh Campbell talks about the 16 Squares as part of his Blacksburg history lecture series, Fall 2016

Photo credit: Mike Hyer



Photo credit: Linda Woodard

Checking out offerings for Spring 2017 at the Preview Event, December 2016

Watercolor class, Fall 2015



Photo credit: Dana Cruikshank

'Dogs with Jobs' tour, College of Veterinary Medicine, Spring 2016



Photo credit: Anne Gilles

Smithfield Holiday Tea, December 2016



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Blacksburg, Virginia 24061

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## PARTNERSHIPS MAKE US STRONGER!

Partnerships with Virginia Tech and with organizations in the NRV enrich our offerings, help us reach important audiences, and make the programs more affordable. LLI gratefully acknowledges the contributions of Virginia Tech and Radford University faculty who are participating in courses and events, along with our special partners, the Center for the Arts, Warm Hearth Village Retirement Community, AARP Blacksburg Chapter, the League of Women Voters, the German Club, and Smithfield Plantation.



L I F E L O N G   L E A R N I N G   I N S T I T U T E

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[www.cpe.vt.edu/lifelonglearning](http://www.cpe.vt.edu/lifelonglearning)