

10

LIFELONG
LEARNING
INSTITUTE
at VIRGINIA TECH®

10 Years of Great Learning Adventures

Fall 2024

PROGRAM OVERVIEW

FALL 2024 CALENDAR

Visit www.cpe.vt.edu/lifelonglearning for details and updates

- | | |
|---------|---|
| Aug. 20 | Zoom Preview of Fall Program |
| Aug. 26 | Online and phone registration opens 10:00 |
| Sep. 16 | Classes Begin |



CONTINUING AND
PROFESSIONAL EDUCATION
VIRGINIA TECH



Our Sponsors 2024-25



Thanks to Plott & French Financial Advisors for supporting our Tenth Anniversary Events!

Presenting Partner



LLI and LewisGale Hospital Montgomery have formed a partnership to bring health-related programming each term as part of the *Healthy Dialogues Series*. Look for talks, demonstrations, and tours bringing important, and perhaps lifesaving, knowledge and tools to LLI members and the broader senior community. Thanks to LGHM for their support!

Presenting Sponsors

Welcome to two new sponsors – CLM certified public accountants and National Bank of Blacksburg! And thanks to long-term sponsor, Meghan Kuczmariski, financial planner for Edward Jones.



Supporting Sponsors

Recognize these businesses? Thank them for supporting LLI!



LLI at Virginia Tech Starts Its Tenth Year!

In 2014, we had a vision of what a vibrant lifelong learning community could be. In September 2015, LLI and the Blacksburg Chapter of AARP hosted a one-day conference on LivingWell at 50+ that drew 125 participants and helped launch the first fall term with 15 courses and 5 special events. From the beginning, the leadership of VT Outreach and Engagement provided the administrative home (Continuing and Professional Education), seed money, and the encouragement to proceed.

We now have 400 members and a wonderful array of learning opportunities this fall – 42 courses, 6 field trips, 11 special events, and multiple social gatherings. We have become that vibrant community that we envisioned. We can't wait to see how we evolve in the next 10 years. Join us to help celebrate this important milestone! See page 28 for 10th Anniversary events this fall.

THE LIFELONG LEARNING INSTITUTE AT VIRGINIA TECH

The Lifelong Learning Institute (LLI) at Virginia Tech is a member-driven, volunteer organization that draws on the wealth of academic and community resources in the New River Valley and beyond to provide intellectual, cultural, and social experiences for curious adults 50 and older. We welcome all who are interested in the mission and goals of the Lifelong Learning Institute at Virginia Tech. Membership entails no prerequisites, educational or otherwise—only a desire to join others in intellectual exploration. The people, courses, stimulating discussions, events, and special access to university resources all add up to a fun and rewarding experience.

CONTACT INFORMATION

CPE Registration: 540-231-5182

Lyndsay LaLonde, LLI Program Coordinator
llalonde@vt.edu, 540-231-1725

LLI website: www.cpe.vt.edu/lifelonglearning/

LLI email address: lifelonglearning@vt.edu

LLI Facebook page: www.facebook.com/vtlifelonglearning/

Address for walk-in registration

Continuing and Professional Education
1900 Kraft Drive, Suite 1100, Blacksburg

BOARD OF DIRECTORS

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**LLI PROGRAM
COORDINATOR**

Lyndsay LaLonde

540-231-1725

llalonde@vt.edu

LLI Fall 2024 Courses at a Glance

See the LLI website and online catalog for full course and event descriptions: www.cpe.vt.edu/lifelonglearning

MONDAY

Justice: What Is the Right Thing To Do?

Dean Spader
9:00 – 10:30
6 weeks: Sep 23, 30, Oct 7, 14, 21, 28
CRC, Concept Rm
Limit: 20

Mysteries Beneath the Surface of Streams and Lakes

Fred Benfield
Monday, 9:00 – 10:15
5 weeks: Oct 14, 21, Nov 4, 11, 18 (skip Oct 28)
CRC, Curiosity Rm
Limit: 20

Introduction to the Language of the Hebrew Bible

Russell Gregory
Monday, 11:00 – 12:30
6 weeks: Sep 16, 23, 30, Oct 7, 14, 21
CRC, Concept Rm
Limit: 15

Armchair Journeys

Coordinator: Molly McClintock
Mondays, 1:00 – 2:30
4 weeks: Sep 30, Oct 7, 14, 21
Zoom webinar - no limit

Writing War: A Literary Sampler

Britton Gildersleeve
Monday, 1:00 – 2:30
6 weeks: Oct 14, 21, 28, Nov 4, 11, 18
Zoom
Limit: 25

US Public Schools: Six Challenges (and Some Solutions)

Nick Fischer & Gunin Kiran
Mondays, 3:00 – 4:30
6 weeks: Sep 23, 30, Oct 7, 14, 21, Nov 4 (skip Oct 28)
CRC, Concept Rm
Limit: 36

“O Canada”: National Identity in Atwood’s *The Blind Assassin*

Christine Kiebuszinska
Mondays, 3:00 – 4:15
4 weeks: Oct 28, Nov 4, 11, 18
CRC, Curiosity Rm
Limit: 15

Appreciating the Wines of Eastern Spain

Randall Horst
Mondays, 3:00 – 5:00
6 weeks: Sep 23, 30, Oct 7, 14, 21, 28
Vintage Cellar, 1338 S. Main St, Blacksburg
Limit: 40

TUESDAY

Sampler

Coordinators: Molly McClintock, Penny Tully
Tuesdays, 9:00 – 10:15
6 weeks: Sep 24, Oct 1, 8, 15, 22, 29
Zoom webinar - no limit

Read Local: Polly Stewart’s *The Good Ones*

Ellen Woodall, Blacksburg Books
Tuesdays, 11:00 – 12:00
3 weeks: Oct 1, 15, 22
CRC, Curiosity Rm
Limit: 18

The Long Civil Rights Struggle in Virginia

Peter Wallenstein
Tuesdays, 11:00 – 12:30
6 sessions: Sep 24, Oct 8, 22, Nov 5, 19, Dec 3
Warm Hearth Village Center, Tall Oaks Rm
Limit: 50

The 2024 Presidential Election: Prospects and Consequences

Karen Hult
Tuesdays, 11:00 – 12:30
2 weeks: Oct 29, Nov 12
Warm Hearth Village Center, Tall Oaks Rm
Limit: 60

Basic Home Maintenance and Repair

Lisa Garcia, Jeremy Glenn
Tuesdays, 12:00 – 1:30
4 weeks: Oct 1, 8, 15, 22
Location: CRC, Concept Rm
Limit: 15

Women’s Science Fiction from the 1970s and 1980s

Karen Swenson
Tuesdays, 1:00 – 2:30
6 weeks: Oct 1, 8, 15, 22, 29, Nov 5
Zoom - Limit: 25

Community Voices: Transgender Men and Women

Molly McClintock, Facilitator
One session: Tuesday, Nov 12
1:00 – 2:30
CRC, Concept Rm
Limit: 36

The American Revolution: A 250th Anniversary Retrospective

Daniel Thorp
Tuesdays, 3:00 – 4:30
3 weeks: Sep 24, Oct 8, 15 (skip Oct. 1)
Warm Hearth Village Center, Tall Oaks Rm
Limit: 60

Beginner to Intermediate Drawing

Joseph Cooley
Tuesdays, 6:00 – 8:00 p.m.
6 weeks: Sep 24, Oct 1, 8, 15, 22, 29
Blacksburg Community Center, Program Rm
Limit: 15

WEDNESDAY

Current Controversies in AI

Tim Lockridge
Wednesday, Sep 25, 9:00 – 10:30
Zoom - Unlimited

Finding Quality Podcasts to Match Your Interests

Travis Carter, Carolyn Meier, Carolyn Rude, Sandy Hagman
Wednesdays, 11:00 – 12:30
3 weeks: Oct 2, 9, 16
CRC, Curiosity Rm
Limit: 15

Agatha Christie and the Mysterious Middle East

William Ochsenwald
Wednesdays, 11:00 – 12:30
3 weeks: Oct 23, 30, Nov 6
CRC, Concept Rm
Limit: 25

Police Searches – Emerging Issues in the Lower Courts

Jack Call
Wednesdays, 1:00 – 2:30
6 weeks: Oct 2, 9, 30, Nov 6, 13, 20 (skip Oct 16, 23)
CRC, Concept Rm
Limit: 36

Share Family Memories with Powerpoint

Liz Craine
Wednesdays, 1:00 – 2:30
3 weeks: Nov 6, 13, 20
CRC, Curiosity Rm
Limit: 12

LLI Film Forum: Recent Films of Terence Malick

Tom Gardner
Wednesdays, 3:00 – 4:15
4 weeks: Oct 16, 23, Nov 6, 13 (skip Oct 30)
CRC, Curiosity Rm
Limit: 15

Appreciating the Wines of Eastern Spain

Randall Horst
Wednesdays, 3:00 – 5:00
6 weeks: Sep 25, Oct 2, 9, 16, 23, 30
Location: Vintage Cellar, 1338 S. Main St, Blacksburg
Limit: 40
Fee: \$35

One Hundred Years of Solitude: Introducing the New Netflix Mini-series

Margaret Marsille
Wednesdays, 3:00 – 5:00
4 weeks: Oct 30, Nov 6, 13, 20
The Burg, 204 Draper St., Blacksburg
Limit: 20



Spring Forest Qigong

Teruyo Mercer
Wednesdays, 3:30 – 4:30
6 weeks: Oct 2, 9, 16, 23, 30, Nov 6
CRC, Concept Rm
Limit: 10

THURSDAY

Global Change X: What Everyone Needs to Know about Disease Ecology

Coordinators: Anne McNabb, Don Mullins
Thursdays, 9:00 – 10:30
6 weeks: Sept 26, Oct 3, 10, 17, 24, 31
Zoom - Unlimited

Why and How To Tend Your Friendship Garden

Rosemary Blieszner
Thursdays, 9:00 – 10:30
4 weeks: Oct 31, Nov 7, 14, 21
CRC, Curiosity Rm
Limit: 20

The History of Comedy and the Theory of Play

Johnny Moore
Thursdays, 11:00 – 12:30
6 weeks: Sep 26, Oct 3, 10, 24, 31, Nov 7 (skip Oct 17)
CRC, Concept Rm
Limit: 32

The Twilight Zone: How It Still Speaks to Us Today

Jamie McReynolds
Thursdays, 1:00 – 2:30
5 weeks: Oct 24, 31, Nov 7, 14, 21
CRC, Curiosity Rm
Limit: 25

On the 2024 Campaign Trail with Political Cartoonists Edd Sewell

Thursdays, 1:00 – 2:30
6 weeks: Oct 3, 10, 17, 24, 31, Nov 7
CRC, Concept Rm
Limit: 36

Appreciating Single Malt Scotch Whisky

Don Creamer
Thursday, Oct 3, 3:00 – 4:30
Private Home, Blacksburg
Limit: 10

Appreciating Single Malt Scotch Whisky

Don Creamer
Thursday, Oct 17, 3:00 – 4:30
Private Home, Blacksburg
Limit: 10

Introduction to Chinese Medicine

Thursdays, 3:00 – 4:30
5 weeks: Oct 10, 17, 24, 31, Nov 7
CRC, Concept Rm
Limit: 32

FRIDAY

Create Christmas Ornaments with English Paper Piecing

One session: Friday, Nov 15
9:00 – 12:00
CRC, Concept Rm
Limit: 15

The Why and How of Happiness

Vicky Dierckx
Fridays, 10:00 – 11:30
6 weeks: Sept 20, 27, Oct 4, 11, 18, 25
CRC, Concept Rm
Limit: 32

Exploring Heirloom Quilts

Paula Golden
Fridays, 10:00 – 12:00
2 weeks: Sep 27, Oct 4
Blacksburg Community Center, Program Rm
Limit: 15

Watercolor Open Studio

Jesi Pace-Berkeley
Fridays, 10:00 – 12:00
5 weeks: Oct 11, 18, 25, Nov 1, 8
Blacksburg Community Center, Community Rm
Limit: 15

Preparing Chinese Dim Sum

Anne McNabb
Fridays
2 weeks: Nov 8, 10:00 – 11:30, Zoom
Nov 15, 9:00 – 1:30, Instructor's home
Limit: 12

LLI Knit-Along: Simple, Adaptable Pullovers for Everyone

Diana George, Kaye Graham, Nancy Metz
Fridays, 11:00 – 12:30
6 weeks: Oct 4, 11, 18, 25, Nov 1, 8
Instructor's home, Blacksburg
Limit: 10

A German Soldier's World War II Journey: Film and Panel

John Muffo, Coordinator
Fridays, 1:00 – 2:30
1 week: Sep 27
Zoom - Limit: 45

Taking Control of Your Online Afterlife

Heather Moorefield-Lang
One week: Friday, Sep 27
2:00 – 3:15
Zoom
Limit: 50

LOCATIONS

CRC = Corporate Research Center

CRC, Concept Rm
1880 Pratt Dr, Suite 2018, Blacksburg
CRC, Curiosity Rm
1900 Kraft Dr, Suite 1000, Blacksburg

WH = Warm Hearth Village Center

2387 Warm Hearth Drive, Blacksburg

Sustaining Partner



Warm Hearth Village has been a great LLI partner since the beginning. They provide space and we provide onsite educational programming for residents.

1. Justice: What Is the Right Thing To Do?

Dean Spader

Monday, 9:00 – 10:30

6 weeks: Sep 23, 30, Oct 7, 14, 21, 28

CRC, Concept Rm

Limit: 20

Fee: \$35

This course introduces the ethical and practical value of the theories of justice to the average citizen using Michael Sandel's readable and interesting book, which has sold over a million copies. Sandel himself has been called a "superstar" philosopher. No specialized knowledge is necessary. We will follow these steps: a) first, a practical problem will be given to the class to discuss; b) the theory of justice illustrated by this problem will be presented in Sandel's book and a short presentation; and c) the class members will discuss other examples from society, their own communities, and their own lives. See justiceharvard.org.



INSTRUCTOR

Dean Spader is an emeritus professor at the University of South Dakota where he taught law, ethics, and justice classes and published several peer-reviewed articles on these subjects. He has also facilitated many discussion classes for LLI.

REQUIRED TEXT

- Michael Sandel, *Justice: What Is the Right Thing To Do?* ISBN:978-0-374-53250-5, available in paperback

2. Mysteries Beneath the Surface of Streams and Lakes

Fred Benfield

Monday, 9:00 – 10:15

5 weeks: Oct 14, 21, Nov 4, 11, 18 (skip Oct 28)

CRC, Curiosity Rm

Limit: 20

Fee: \$35

When you were wading in the lake at summer camp, did you ever wonder what kinds of critters lived beneath the surface? Or why your feet and legs felt so cold while the rest of your body remained warm as bathwater? On hikes along local woodland streams recently, have you thought about life under the water and how it might be affected by organic debris, effluents, and urban runoff? And why are we seeing more of those ominous algal blooms that discolor the water and cause problems for livestock and humans? Together, we'll penetrate the surface of lakes and streams to explore these mysteries and more.



INSTRUCTOR

Fred Benfield taught and conducted research in freshwater ecology for some 50 years as a member of the Department of Biological Sciences, Virginia Tech.

3. Introduction to the Language of the Hebrew Bible

Russell Gregory

Monday, 11:00 – 12:30

6 weeks: Sep 16, 23, 30, Oct 7, 14, 21

CRC, Concept Rm

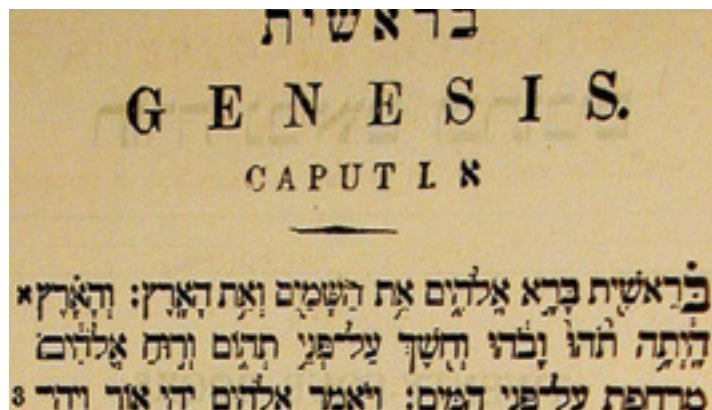
Limit: 15

Fee: \$35

This six-week course will acquaint you with key words and important literary, grammatical, and syntactical features from the Hebrew Bible (Old Testament). Knowing these elements of the language will make you a more discerning reader and enable you to compare different translations. Did you know, for example, that the first word in Genesis does not include the definite article, “the”? We’ll discuss this small omission and its implications as well as other linguistic details that open the doors to varying interpretations.

REQUIRED TEXTS

- Lawrence Kushner, *The Book of Letters: A Mystical Hebrew Alphabet*.
- Dave Adamson, *52 Hebrew Words Every Christian Should Know*. Available online or through advance order from Blacksburg Books



INSTRUCTOR

Russell Gregory is an emeritus professor of religious studies, Radford University. He recently taught in the Governor’s School at Radford.

4. Armchair Journeys

Coordinator: Molly McClintock

Mondays, 1:00 – 2:30

4 weeks: Sep 30, Oct 7, 14, 21

Zoom webinar

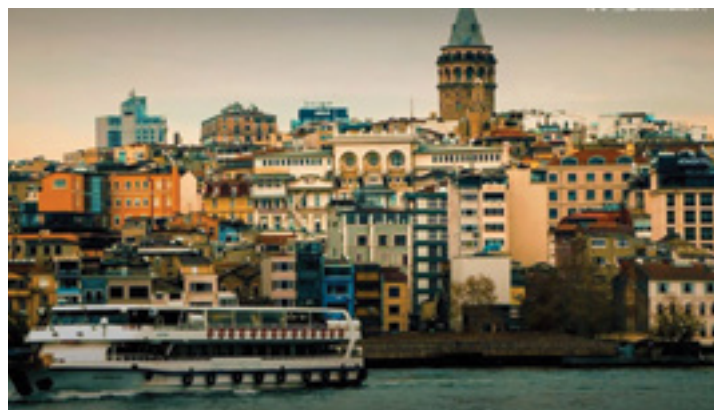
No Limit

Fee: \$35

Travel along (virtually) on fascinating journeys. Speakers will share their adventures along with photos/videos enhancing their stories. There will be plenty of time for participants to ask questions and share comments.

Sept. 23 - Join Steve and Victoria Cochran as they journey from Istanbul, Turkey to Bucharest, Romania. They will share stories of the history, people, culture, food and wines of the five Eastern European nations they traveled through along the way.

Sept. 30 - Travel with Sandy Weber through Morocco from the Atlantic to the Sahara. She’ll delight us with tales of Marrakesh, Casablanca, and Fes, including camel rides and a cooking class.



Oct. 7 - Molly McClintock and Irene Peterson will share gorgeous photos and interesting stories about their January tour of Costa Rica. From cloud mountains to rain forests to the Pacific coast, they saw some of the world’s most biodiverse regions and inhabitants.

Oct. 14 - Trek the 1800-mile-long Te Araroa Trail in New Zealand along with Shari Edelson. She will share tales of New Zealand’s unique plants, animals, geology, and culture — along with some hair-raising adventures!

5. Writing War: A Literary Sampler

Britton Gildersleeve

Monday, 1:00 – 2:30

6 weeks: Oct 14, 21, 28, Nov 4, 11, 18

Zoom

Limits: 25

Fee: \$35



INSTRUCTOR

Britton Gildersleeve, a retired faculty member and administrator from Oklahoma State University, grew up in a military family, lived in two war zones, and was married to a veteran of the Vietnam conflict, Têt era, DMZ. These experiences left her with a fascination for the literature of war, which she taught during her university career.

The literature of war is vast, as old as war itself and encompassing multiple genres. This course introduces participants to a few of the many moving literary responses to the Civil War, World War I, World War II, the Vietnam Conflict, and the Iraqi war. We'll read *March*, Geraldine Brooks' Pulitzer-prize retelling of *Little Women* from the perspective of the absent father, a Civil War chaplain. We'll discuss poems by Wilfred Owen, Brian Turner, and others who memorialized their battlefield experiences. And we'll explore the first of the linked stories about American soldiers in Vietnam in Tim O'Brien's *The Things They Carried*.

Participants will purchase only the Geraldine Brooks novel, *March*. Selected poems and the pdf of the short story "The Things They Carried," will be shared as online links.

6. US Public Schools: Six Challenges (and Some Solutions)

Nick Fischer & Gunin Kiran

Mondays, 3:00 – 4:30

6 weeks: Sep 23, 30, Oct 7, 14, 21, Nov 4 (skip Oct 28)

CRC, Concept Rm

Limit: 36

Fee: \$35



INSTRUCTORS

Nick Fischer is a former teacher, principal, and superintendent of public schools.

Gunin Kiran served two terms as chair of the Montgomery County School Board.

Contemporary headlines frequently refer to a "crisis" in public education—an "impending" or "alarming" crisis or even "a crisis of epic proportions." Are American schools in crisis, and if so, what can we do about the situation? Two highly experienced professionals will provide grounding and perspective on these questions by addressing six specific challenges confronting public education today: closing achievement gaps, improving school safety, creating effective Special/Exceptional programs, testing (assessment), what is it, what are its uses, making school funding more equitable, and increasing the quality of parent engagement.

7. “O Canada”: National Identity in Atwood’s *The Blind Assassin*

Christine Kiebuszinska

Mondays, 3:00 – 4:15

4 weeks: Oct 28, Nov 4, 11, 18

CRC, Curiosity Rm

Limit: 15

Fee: \$35

Margaret Atwood’s *The Blind Assassin* (Booker Prize, 2000) follows the rise and fall of the Chase family from the turn of the nineteenth century, through World War I, the Depression, and World II, to the present. But it is far from a conventional historical novel. A tale of two sisters, it interlinks multiple genres: newspaper reports, the account of an adulterous romance with unnamed lovers, a science fiction story, and a novel within a novel (called *The Blind Assassin*). In this discussion-based class, we will explore Atwood’s most “Canadian” novel, a best-seller second only in popularity to her *Handmaid’s Tale*.



INSTRUCTOR

Christine Kiebuszinska is a retired professor of English at Virginia Tech with a specialty in Comparative Literature. She taught the LLI course on Contemporary Ukrainian Literature in Fall, 2023.

8. Appreciating the Wines of Eastern Spain

Randall Horst

Mondays, 3:00 – 5:00

6 weeks: Sep 23, 30, Oct 7, 14, 21, 28

Vintage Cellar, 1338 S. Main St, Blacksburg

Limit: 40 (class repeats on Wednesday)

Fee: \$35 + Wine fee: \$125. Pay the wine fee directly to Vintage Cellar by check or credit card. Look for instructions after enrollment



This six-week course will feature wines from the regions of Eastern Spain including La Rioja, Navarra, Aragon, Priorat, Penedes, and Catalunya. Grape varieties to be tasted include Garnacha, Syrah, Tempranillo, and Monastrell.



INSTRUCTOR

Randall Horst is a wine enthusiast, buyer for Vintage Cellar in Blacksburg, and a veteran instructor for LLI. He has taught wine appreciation every term since 2015.

9. Sampler

Coordinator: Molly McClintock & Penny Tully

Tuesdays, 9:00 – 10:15

6 weeks: Sep 24, Oct 1, 8, 15, 22, 29

Zoom webinar

No Class Limit

Fee: \$35

Sept 24. Hidden in Plain Sight: the Memorialization of Slavery in Charleston

Do Southern mansions and plantations exude charm or violence? How does Charleston acknowledge its slaveholding past? Researchers explored multiple sites in Charleston. They will share their work through stories and powerful photographs recently exhibited at Newman Library

INSTRUCTORS

Laura Zanotti is a professor of political science at Virginia Tech.

Zuleka Woods is a graduate research assistant at the Center for Refugee, Migrant, and Displacement Studies at Virginia Tech.

Oct 1. From Witnessing Persecution to Aiding Refugees

What generates a refugee crisis? How do refugees make new lives in the US? What barriers and challenges do new residents face? We'll hear from an expert who has been on the front lines abroad and here at home.

INSTRUCTOR

David Maxey witnessed firsthand events that created an ethnic cleansing in West Africa. The experience led to a 30+ year career assisting refugees and immigrants as a Department of Justice representative.

Oct 8. Species Persistence with Deadly Diseases

When new diseases invade, they often cause substantial impacts to populations. We'll learn how some individuals and populations manage to survive with disease through ecological and evolutionary mechanisms using bats as a prime example.

INSTRUCTOR

Kate Langwig is an associate professor in the Department of Biological Sciences and a disease ecologist at Virginia Tech. Her research explores how variation among hosts influences epidemiological dynamics, population impacts, and effectiveness of disease interventions.



Oct 15. Farmers Fighting for Fairness

The national food system is as monopolized as it has ever been. The National Farmers Union is working to change that by pushing for strong enforcement of existing laws, improved transparency in markets, truthful labels for consumers, and the commonsense right for farmers to repair their own equipment.

INSTRUCTOR

Rob Larew is President of the National Farmers Union. In addition to his lobbying efforts, he helps to manage a family farm in operation since 1798.

Oct 22. Horse Logging in a Conservation Burial Ground

When the Monastery of the Holy Spirit was faced with a serious infestation of the southern pine beetle in their wooded burial ground, the monks employed a unique but traditional way of felling and extracting the dead and dying trees: logging with draft horses.

INSTRUCTOR

Jason Rutledge, co-founder of Healing Harvest Forest Foundation, will take you on a fascinating journey with the horses (an endangered species of draft horse called Suffolk Punch), their drivers, timber fellers, chain monkeys, Honey Creek Woodland staff, and the monks. He is also the owner of Ridgewind Farm in Copper Hill.

Oct 29. Termites of the Americas; Misunderstood and Fascinating

Most of us think of termites as pests in our homes but they lead intriguing lives in the wild. We'll learn about amazing termites through Aaron's collecting expeditions in the Amazon and other habitats in South America.

INSTRUCTOR

Aaron Mullins is an entomologist and lab manager for the Termite Research Lab in Davie, Florida.

10. Read Local: Polly Stewart's *The Good Ones*

Facilitator: Ellen Woodall, Blacksburg Books

Tuesdays, 11:00 – 12:00

3 weeks: Oct 1, 15, 22 (skip Oct 8)

CRC, Curiosity Rm

Limit: 18

Fee: \$35



ABOUT THE AUTHOR

Polly Stewart grew up in the mountains of southwest Virginia and teaches English at Virginia Military Institute. She graduated from Hollins University and has an MFA in fiction and a PhD in English from Washington University in St. Louis. Her short fiction has been selected for *The Best American Mystery Stories* series. Her novel *The Felons' Ball* is forthcoming from Harper Books in 2025.

Polly Stewart's *The Good Ones* is a suspenseful mystery that follows a troubled woman's attempts to solve her friend's disappearance twenty years after the teenager vanishes. It has been praised for its "riveting and unflinching portrayal of adolescent female friendships" and its "sharp, smart, and often sexy" prose.

Read Local is an LLI course series focusing on a single book written by a local or regional author and involving readers who engage with the author face-to-face in stimulating conversation during the first and last meetings.

REQUIRED TEXT

- Stewart, *The Good Ones* (Harper/Collins, 2023) Copies of the text are available at Blacksburg Books, purchase before or at first class.

11. The Long Civil Rights Struggle in Virginia

Peter Wallenstein

Tuesdays, 11:00 – 12:30

6 sessions: Sep 24, Oct 8, 22, Nov 5, 19, Dec 3

Warm Hearth Village Center, Tall Oaks Rm

Limit: 50

Fee: \$35



Much of what we hear and learn about the Civil Rights Movement relates to developments in the Deep South, especially in Alabama or Mississippi, in the 1960s. What about other times and places, in particular Virginia? In this course, we will get acquainted with personalities and events in Virginia that shaped not only the Commonwealth but places far away, including the Deep South.

TEXTS

Required readings—documents, essays, interviews—will be distributed as handouts or as links to online materials. The following books by Wallenstein, while not required for the course, provide very helpful background: *Blue Laws and*

Black Codes, Courts, Conflict, and Change in Twentieth-Century Virginia, and *Race, Sex, and the Freedom to Marry: Loving v. Virginia*. Available from Newman Library, Virginia Tech.

INSTRUCTOR

Peter Wallenstein is an award-winning professor of history at Virginia Tech. He has published widely on the Black Freedom Struggle in Virginia and elsewhere.

12. The 2024 Presidential Election: Prospects and Consequences

Karen Hult

Tuesdays, 11:00 – 12:30

2 weeks: Oct 29, Nov 12

Warm Hearth Village Center, Tall Oaks Rm

Limit: 60

Fee: \$25

The course explores the prospects for and possible implications of the 2024 general election for the U.S. presidency. The discussion before the election will explore whether and how citizens appear likely to express their needs, demands, and expectations by voting (or not voting) and for (or against) whom they may vote. After the election, attention turns both to the accuracy of pre-election predictions, hopes, and fears and to how the contestants and their supporters respond to results. Meanwhile, the presumptive president-elect must turn their attention to governing amidst an increasingly formalized transition process.



INSTRUCTOR

Karen Hult is professor of political science at Virginia Tech and a core faculty member in the Center for Public Administration and Policy. She serves on the board of the White House Transition Project and studies and writes about the U.S. presidency and executive branch. She has been an election night analyst on WFXR News and the National Public Radio affiliate WVTF. She speaks with journalists about the U.S. presidency, the White House, and Virginia policy, politics, and government.

13. Basic Home Maintenance and Repair

Lisa Garcia & Jeremy Glenn

Tuesdays, 12:00 – 1:30

4 weeks: Oct 1, 8, 15, 22

Location: CRC, Concept Rm

Limit: 15

Fee: \$35

Home repair kit and resource binder: \$50

Aging in place is not merely a matter of maintaining mobility, health, and wits; it requires homeowners to keep their dwellings safe and in good repair. Relying exclusively on paid labor can be a slow, expensive, and chancy proposition. In this four-week course, you will improve your confidence and develop basic skills in home repair in several important areas: preventive maintenance, plumbing, and electricity. Learn what you can tackle yourself and when to call a pro. At the final meeting, the instructors will address questions you have submitted and acquaint the class with a variety of local and online resources to improve and extend your skill set. You will be ready to tackle your own do-it-yourself projects with a personal home repair kit and a binder with instructions and resources.



INSTRUCTORS

Lisa K. Garcia grew up in Lynchburg with an electrical engineer and do-it-yourselfer for a father and a mother who figured out a lot of “how to” before the internet and Google had all the answers! A professional business consultant, she has taken on a part-time role in Community Development with the New River Valley Timebank.

Jeremy Glenn was a licensed electrician in Florida before moving to Virginia in 2023 and is now working to get his Virginia electrician’s license while working as a handyman in the New River Valley.

14. Women’s Science Fiction from the 1970s and 1980s

Karen Swenson

Tuesdays, 1:00 – 2:30

6 weeks: Oct 1, 8, 15, 22, 29, Nov 5

Zoom

Limit: 25

Fee: \$35



The 70s were a decade when “far-sighted rebels changed science fiction forever with stories that made female community, agency, and sexuality central to the American

future.” (Amazon’s ad for our anthology.). We will be reading and discussing short stories by women in the 1970s and a fascinating short novel by Octavia Butler from 1982. Butler’s *Dawn*, which opens her Xenogenesis trilogy, deepens and expands the exploration of gender and race in a compelling narrative about the remnants of post-apocalyptic humanity interacting with their savior-conquerors, the unusually gendered space travelers who “trade” genetic material with creatures from many worlds.

REQUIRED TEXTS

- Lisa Yaszek, Ed., *The Future is Female, Vol 2 The 1970’s*. Library of America, 2022. (Anthology of short stories.)
- Octavia Butler, *Dawn*. Grand Central Publishing, 2021

INSTRUCTOR

With a background in anthropology and literature, **Karen Swenson** taught both medieval literature and speculative fiction at Virginia Tech. As an associate professor emerita, she is enjoying retirement and LLI.

15. Community Voices: Transgender Men and Women

Molly McClintock, Facilitator

One session: Tuesday, Nov 12

1:00 – 2:30

CRC, Concept Rm

Limit: 36

Fee: \$15

As the visibility of transgender men and women increases, the efforts to restrict their rights also grows. Come meet local transgender men and women, hear about their very different and personal transitions, and about how the current political climate impacts them. As with last semester’s panel with Jewish residents, this is an opportunity to ask difficult questions and gain insight into the lives of others in our community.



16. The American Revolution: A 250th Anniversary Retrospective

Daniel Thorp

Tuesdays, 3:00 – 4:30

3 weeks: Sep 24, Oct 8, 15 (skip Oct 1)

Warm Hearth Village Center, Tall Oaks Rm

Limit: 60

Fee: \$35

As we approach the 250th anniversary of the American Revolution, this course will remind participants of why Americans made the radical decision to break from the British Empire, how they managed to win their independence in the face of the world's greatest army and navy, and how the Revolution affected different people – including women, African Americans, and those who remained loyal to the king.

INSTRUCTOR

Daniel Thorp has been teaching American history at Virginia Tech for forty years and is the recipient of college and university teaching awards.



17. Beginner to Intermediate Drawing

Joseph Cooley

Tuesdays, 6:00 – 8:00 p.m.

6 weeks: Sep 24, Oct 1, 8, 15, 22, 29

Blacksburg Community Center, Program Rm

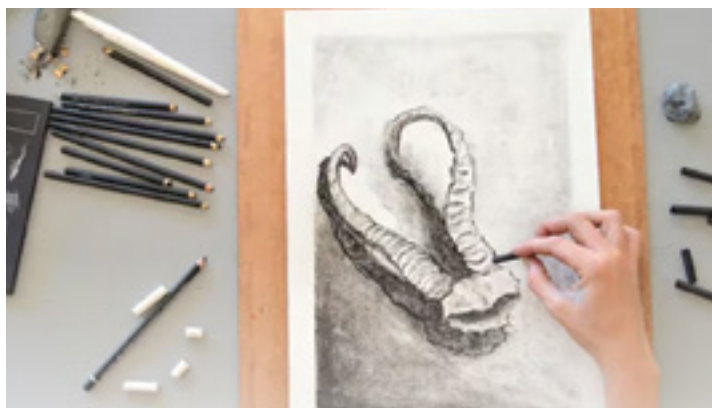
Limit: 15

Fee: \$35

Embark on your artistic journey or refine existing skills with our comprehensive 6-week drawing course, designed to take you from the basics of pencil and paper to creating detailed, textured, and lifelike drawings. Through a combination of structured exercises, personal projects, and constructive feedback, you'll develop confidence in your abilities and a deeper understanding of artistic principles.

MATERIALS

Before class, students should acquire wooden graphite pencils (HB, 2B, 4B, 6B, no mechanical pencils please!), an eraser, a sharpener, and a spiral-bound or tape-bound sketchbook, 9" X 12" or larger. Student-grade sketchbooks (Artlot, etc.) are fine. Optional supplies will be discussed in the first class.



INSTRUCTOR

With a foundation in commercial architecture, **Joseph Cooley** brings a unique perspective to art classes, emphasizing the essentials of line drawing and the power of visualization. He is committed to helping students gain skills to see and capture the world with newfound clarity and creativity.

18. Current Controversies in AI

Tim Lockridge

One session: Wednesday, Sep 25

9:00 – 10:30

Zoom

Unlimited

Fee: \$15

This presentation will briefly review foundational concepts and terms before examining in more depth some of the current controversies in AI. One such controversy centers on “data dignity,” the relatively recent argument that those whose work is appropriated to train language models should be fairly compensated for their labor. But who knows what new developments in AI might be controversial in Fall 2024? The field is dynamic and volatile, at times defying predictions. The specific controversies featured will be drawn from headlines yet to be written.



INSTRUCTOR

Tim Lockridge is an associate professor of English at Miami University in Oxford, Ohio. He teaches courses about writing with technologies and visual design. *Writing Workflows*, his book about writing technologies, was published in 2020 by the University of Michigan Press.

19. Finding Quality Podcasts to Match Your Interests

Travis Carter, Carolyn Meier, Carolyn Rude, & Sandy Hagman

Wednesdays, 11:00 – 12:30

3 weeks: Oct 2, 9, 16

CRC, Curiosity Rm

Limit: 15

Fee: \$35

This course will cover podcasting, what it is and how to find and use interesting, worthwhile podcasts on a variety of subjects: news, true crime, psychology, popular culture, sports, cooking, gardening, reading. Whether you seek information, inspiration, or entertainment, podcasts can be a rich resource. But how do you find the ones that align with your interests, how do you differentiate the good ones from all that is out there, and what’s involved in a subscription once you decide? The instructors will provide context and technical assistance. Participants are invited to share their favorite podcasts.



INSTRUCTORS

Travis Carter is the Systems Manager for Virginia Tech Continuing and Professional Education.

Carolyn Meier, Carolyn Rude, and Sandy Hagman have been on the LLI Tech Committee for several years and have taught courses on digital photo organization and on making books and cards.

20. Agatha Christie and the Mysterious Middle East

William Ochsenwald

Wednesdays, 11:00 – 12:30

3 weeks: Oct 23, 30, Nov 6

CRC, Concept Rm

Limit: 25

Fee: \$35

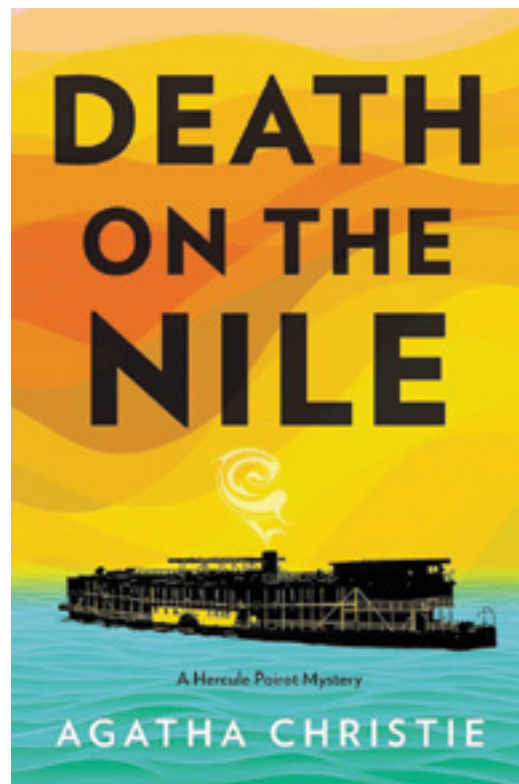
Agatha Christie sold more works of fiction than any other English-language author. In this course, we will examine two of her detective novels set in the Middle East: *Death on the Nile* [Egypt] and *Appointment with Death* [Jerusalem/Petra]. Discussions will center on imperialism, nationalism, archaeology, and the modern history of the Middle East as represented in the novels. Christie's autobiography and other writings will also shed light on her views of the Mysterious Middle East.

REQUIRED TEXTS

- Agatha Christie, *Death on the Nile*
- Agatha Christie, *Appointment with Death*

INSTRUCTOR

William Ochsenwald has presented eight earlier courses for the Lifelong Learning Institute. He is an emeritus professor of history and author of *The Middle East: A History; Religion, Society, and the State in Arabia*; and *The Hijaz Railroad*. He has not as yet solved any detective cases in the Middle East.



21. Police Searches - Emerging Issues in the Lower Courts

Jack Call

Wednesdays, 1:00 – 2:30

6 weeks: Oct 2, 9, 30, Nov 6, 13, 20 (skip Oct 16, 23)

CRC, Concept Rm

Limit: 36

Fee: \$35

In the last decade or so, the U.S. Supreme Court has decided important cases related to searches and seizures. But many of the specific questions about police searches, on which lower courts have ruled, have not yet come under their scrutiny, including: the permissible scope of a traffic stop, the legitimacy of warrantless cell phone searches seized in an arrest, and what constitutes reasonable suspicion to stop and frisk. Students will read and critique selected lower court decisions that have potential impact on future Supreme Court cases.



INSTRUCTOR

Jack Call, professor emeritus of criminal justice at Radford University, used his J.D. and Ph.D. degree in political science as the basis for teaching law-related courses at RU. He has taught numerous courses for LLI over the last several years.

22. Share Family Memories with Powerpoint

Liz Craine

Wednesdays, 1:00 – 2:30

3 weeks: Nov 6, 13, 20

CRC, Curiosity Rm

Limit: 12

Fee: \$35

A digital file created with PowerPoint is an easy way to share photos online with family members, and it is cheaper than a memory book. In this class, you will learn PowerPoint fundamentals, such as selecting a template, importing photos and text, and designing slides. As the class progresses, we may explore advanced skills, such as embedding html links and videos and adding a music background. Participants will work on a personal project and learn how to convert it to a pdf file. Beginners are welcome. Each person needs a laptop or iPad with PowerPoint installed.



INSTRUCTOR

Liz Craine does tech support for a local hospital system and enjoys using technology to make life better for the community. She taught the LLI course on using online health portals in fall 2023.

23. LLI Film Forum: Recent Films of Terence Malick

Tom Gardner

Wednesdays, 3:00 – 4:15

4 weeks: Oct 16, 23, Nov 6, 13 (skip Oct 30)

CRC, Curiosity Rm

Limit: 15

Fee: \$35

Terrence Malick's work can be found on many lists of top American films. His films are lyric, meditative, both strikingly intimate and far-reaching in the questions they dramatize. He directed two powerful movies in the 1970s, and then, twenty years later, seven more. We will look at four of the most recent films: *The Thin Red Line* (1998, epic WW2 story); *The New World* (2005, Pocahontas and John Smith); *The Tree of Life* (2011, his masterpiece, Texas childhood crossed with a meditation on grief and the creation of the universe); *To the Wonder* (2012, love, broken and restored).

We will discuss one film per week in the order listed above. Please view them before the scheduled class discussion.



They can be streamed through Amazon Prime and other platforms, ordered online as DVDs, or checked out of Newman Library.

INSTRUCTOR

Tom Gardner is an emeritus professor of English at Virginia Tech. He writes about American poetry and publishes his own creative work. One section of his recent book *Lyric Theology* takes a long look at the films of Terrence Malick.

24. Appreciating the Wines of Eastern Spain

Randall Horst

Wednesdays, 3:00 – 5:00

6 weeks: Sep 25, Oct 2, 9, 16, 23, 30

Vintage Cellar, 1338 S. Main St, Blacksburg

Limit: 40 (class repeats on Monday)

Fee: \$35 + Wine fee: \$125. Pay the wine fee directly to Vintage Cellar by check or credit card. Look for instructions after enrollment



This six-week course will feature wines from the regions of Eastern Spain including La Rioja, Navarra, Aragon, Priorat, Penedes, and Catalunya. Grape varieties to be tasted include Garnacha, Syrah, Tempranillo, and Monastrell.

INSTRUCTOR

Randall Horst is a wine enthusiast, buyer for Vintage Cellar in Blacksburg, and a veteran instructor for LLI. He has taught wine appreciation every term since 2015.

25. One Hundred Years of Solitude: Introducing the New Netflix Mini-series

Margaret Marsille

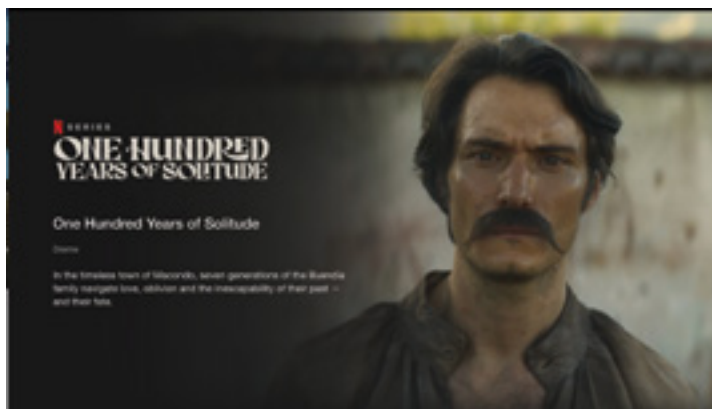
Wednesdays, 3:00 – 5:00

4 weeks: Oct 30, Nov 6, 13, 20

The Burg, 204 Draper St., Blacksburg

Limit: 20

Fee: \$35



In summer 2024, Netflix will introduce the first direct adaptation of *100 Years of Solitude* by Nobel Prize winning novelist Gabriel Garcia Marquez. This lavish production is staged in a specially constructed village built outside of Bogota, Colombia. It tells the story of the timeless town of Macondo through seven generations of the Buendía family. This course offers participants the opportunity to watch and discuss the first four episodes of the sixteen-part serialization together at The Burg, a Peruvian fusion restaurant in Blacksburg. Refreshments will be available for purchase. Fluency in Spanish is not required. The series will be subtitled in English.

INSTRUCTOR

Margaret Marsille is a long-time student of Spanish who has spent many winters in Guatemala.

26. Spring Forest Qigong

Teruyo Mercer

Wednesdays, 3:30 – 4:30

6 weeks: Oct 2, 9, 16, 23, 30, Nov 6

CRC, Concept Rm

Limit: 10

Fee: \$35

Spring Forest Qigong has roots in ancient Chinese medicine, philosophy, and martial arts. It involves a system of movements and practices that coordinate body, breath, and mind, thus optimizing “vital energy.” The practice can be cultivated at any age and with any physical capability—sitting, standing, or lying down—without any equipment. Spring Forest Qigong has been said to heal physical and emotional pain, enhance the flow of energy, bring energy back into balance, and improve the quality of life.

27. Global Change X: What Everyone Needs to Know about Disease Ecology

Coordinators: Anne McNabb, Don Mullins

Thursdays, 9:00 – 10:30

6 weeks: Sept 26, Oct 3, 10, 17, 24, 31

Zoom - Unlimited

Fee: \$35

Everyone needs to understand disease ecology because many diseases that threaten humans arise initially in wild animals and because the unchecked spread of disease has the potential to alter ecosystems in permanently damaging ways. In this six-week course, active Virginia Tech faculty will share the latest research in such areas as ecology and epidemiology, host-pathogen interactions, zoonotic diseases, and environmental microbiology. Participants will gain insight into the global importance and impact of current research into disease ecology.

CLASS SESSIONS

Sept 26. - Ticks and Emerging Tick-borne Pathogens

Gillian Eastwood, Department of Entomology, Virginia Tech

Oct 3. - An Exotic Tick Expansion & the Trouble for Cattle

Kevin Lahmers, Department of Biomedical Sciences and Pathobiology, Virginia Tech

Oct 10. - Birds at Your Table: What Do We Know About Backyard Feeders and Bird Diseases?

Dana Hawley, Department of Biological Sciences, VT



SPRING FOREST QIGONG

INSTRUCTOR

Terry Mercer is a certified Spring Forest Qigong Trainer who has led practice groups at libraries, gyms, churches, and the senior center facilities in Roanoke for the past eight years. She is Japanese and has taught Japanese at Virginia Tech for seven years.



Oct 17. - Engineering Solutions to Antibiotic Resistance of Waterborne Contaminants

Amy Pruden-Bagchi, Department of Civil and Environmental Engineering, Virginia Tech

Oct 24. - Disease Transmission Dynamics in a Changing Landscape

Joseph Hoyt, Department of Biological Sciences, Virginia Tech

Oct 31. - How the Avian Flu Virus Moves through Animal Populations from Wild Birds to Mammals

Tanya LeRoith, Department of Biomedical Sciences and Pathobiology, Virginia Tech

28. Why and How To Tend Your Friendship Garden

Rosemary Blieszner

Thursdays, 9:00 – 10:30
 4 weeks: Oct 31, Nov 7, 14, 21
 CRC, Curiosity Rm
 Limit: 20
 Fee: \$35



Most adults have friends and interact with them regularly. You probably do, too. But have you been tending your friendship garden lately? Recent research suggests that cultivating friendships is associated with many benefits, including: a healthier, longer life, a happier and more vital outlook, a more alert and productive lifestyle, and a greater capacity to care about and guide the younger generation. This course will acquaint you with the latest research findings on friendship and suggest ways to compensate for the narrowing of social circles often associated with aging.

INSTRUCTOR

Rosemary Blieszner is dean emerita and alumni distinguished professor emerita of Human Development and Family Science at Virginia Tech with a research specialty in family and friend relationships and caregiving in middle and late adulthood.

29. The History of Comedy and the Theory of Play

Johnny Moore

Thursdays, 11:00 – 12:30
 6 weeks: Sep 26, Oct 3, 10, 24, 31, Nov 7 (skip Oct 17)
 CRC, Concept Rm
 Limit: 32
 Fee: \$35



Comedy is, at its core, truth-telling, combined with hyperbole and misdirection. As Jonathan Winters once noted, “Just tell the truth and people will laugh.” This course offers a helicopter-ride overview of the theory, history, evolution, and elements of comedy, with flexibility to explore high interest topics in greater depth. Participants are invited to suggest follow-up courses, including a possible LLI workshop on the art and techniques of stand-up, where students will have the opportunity to perform their own material in a no-heckling atmosphere.

INSTRUCTOR

Johnny Moore is a professor emeritus of history at Radford University. A self-proclaimed Stand-Up Historian, he has performed his own hour-long shows.

REQUIRED TEXT

- Raúl Pérez, *The Souls of White Jokes: How Racist Humor Fuels White Supremacy*.

30. *The Twilight Zone*: How It Still Speaks to Us Today

Jamie McReynolds

Thursdays, 1:00 – 2:30

5 weeks: Oct 24, 31, Nov 7, 14, 21

CRC, Curiosity Rm

Limit: 25

Fee: \$35



INSTRUCTOR

Jamie McReynolds is a retired Unitarian Universalist hospital and hospice chaplain.

Rod Serling brilliantly injected social criticism into his *Twilight Zone* episodes, using the guise of science fiction and fantasy to escape the censorship of sponsors and network executives. The series ran from 1959 to 1964, but many of the subjects have an eerie resonance to present day. Class participants will watch and discuss five selected episodes of the *Twilight Zone* with themes that continue to be as relevant today as they were 60 years ago.

31. On the 2024 Campaign Trail with Political Cartoonists

Edd Sewell

Thursdays, 1:00 – 2:30

6 weeks: Oct 3, 10, 17, 24, 31, Nov 7

CRC, Concept Rm

Limit: 36

Fee: \$35



INSTRUCTOR

Edd Sewell is an emeritus faculty member in Communication at Virginia Tech. His primary teaching and research areas were visual communication and humor. He has previously taught several LLI courses about editorial/political cartooning.

This six-week course follows the 2024 presidential election through the eyes of cartoonists representing different countries and political perspectives. We begin with an overview of the campaigns to date. Cartoons for subsequent weeks will be organized around issues that emerge as important and timely. The final class, which will be held after the election is over, will provide perspective on the cartoons of the 2024 presidential campaigns. The future of editorial/political cartooning will also be considered, especially the effects of budget cuts and failures in the newspaper industry and the movement of cartooning to internet sites.

32. Appreciating Single Malt Scotch Whisky

Don Creamer

Thursday, Oct 3, 3:00 – 4:30
 Private Home, Blacksburg
 Limit: 10
 Fee: \$25

This one-session class will examine the distinctiveness of Scotland's single malt whiskies. We'll taste five single malts with distinctive flavors. To be considered a single malt scotch, the whisky must be distilled from 100 percent malted barley at one distillery and aged for a minimum of three years in wooden casks, normally in used bourbon barrels. Distillers are then allowed to get as creative as they would like, and these variations in taste will be the focus of this class.

INSTRUCTOR

Don Creamer is the founding member of ScotchHunter.com. He and his colleagues have been tasting single malt whiskies for more than 30 years, and in that time, tasted and rated more than 500 different expressions.

33. Appreciating Single Malt Scotch Whisky

Don Creamer

Thursday, Oct 17, 3:00 – 4:30
 Private Home, Blacksburg
 Limit: 10
 Fee: \$25



34. Introduction to Chinese Medicine

Michael Denbow

Thursdays, 3:00 – 4:30
 5 weeks: Oct 10, 17, 24, 31, Nov 7
 CRC, Concept Rm
 Limit: 32
 Fee: \$35

Chinese medicine is among the oldest health care systems, having been practiced for over 5000 years. Arising out of Daoism, Chinese medicine seeks to restore balance, thus creating an environment in which illness cannot take root. Classically, a Chinese doctor was only paid as long as the patient remained healthy. This course will examine the principles guiding Chinese medicine and its diagnostic methods.



INSTRUCTOR

Michael Denbow is a professor emeritus from Virginia Tech where, among other classes, he taught an honor's colloquium titled "Chinese Medicine" for twelve years. He is the owner of Oriental Medicine and Acupuncture Clinic and a licensed acupuncturist.

35. Create Christmas Ornaments with English Paper Piecing

Paula Golden

One session: Friday, Nov 15

9:00 – 12:00

CRC, Concept Rm

Limit: 15

Fee: \$15

Materials fee: \$5



INSTRUCTOR

Paula Golden is a nationally renowned quilter and teacher.

In this one-session workshop, you will create heirloom ornaments using the techniques of English paper piecing, a hand-sewing technique that originated in the 1770s as a way of piecing together objects with complex angles. Although the ornaments you create will be beautiful, the techniques are relatively simple: just folding, ironing, stitching, and beading. No experience is needed. Bring your own fabric scissors and a sewing needle. All other materials will be provided by the instructor.

36. The Why and How of Happiness

Vicky Dierckx

Fridays, 10:00 – 11:30

6 weeks: Sept 20, 27, Oct 4, 11, 18, 25

CRC, Concept Rm

Limit: 32

Fee: \$35

Workbook fee: \$10



INSTRUCTOR

Vicky Dierckx teaches the undergraduate course, Personal Well-being and Professional Success for the Virginia Tech Marketing Department and facilitates Happiness Groups for the Department of Recreational Sports.

This course offers participants practical tools to cultivate a happier and more fulfilling life based on the science of well-being and positive psychology. Topics addressed will include fostering positivity, generosity and gratitude, mindful living, pursuing worthwhile goals, and coping in the face of challenge. Each class will incorporate theory, exercises, and discussion, followed by homework assignments that provide opportunities for applying the acquired skills.

37. Exploring Heirloom Quilts

Paula Golden

Fridays, 10:00 – 12:00

2 weeks: Sep 27, Oct 4

Blacksburg Community Center, Program Rm

Limit: 15

Fee: \$25

Because imported fabric was expensive and homespun fabric labor-intensive in the early days of the American colonies, piecing together salvaged scraps of fabric became both an economic necessity and a source of creativity and community. This two-part course will explore heirloom quilts from a historical and artistic perspective, providing context about evolving techniques, patterns, styles, and fabrics. Participants will have a chance to explore the instructor's collection of antique quilts, and they will be invited to bring in their own examples for analysis and discussion.



INSTRUCTOR

Paula Golden is a nationally renowned quilter and teacher.

38. Watercolor Open Studio

Jesi Pace-Berkeley

Fridays, 10:00 – 12:00

5 weeks: Oct 11, 18, 25, Nov 1, 8

Blacksburg Community Center, Community Rm

Limit: 15

Fee: \$35

Materials Fee: \$45 The materials fee is used for specialized supplies needed for the class. Participants will purchase their own basic supplies; a list will be distributed in advance.

LLI's Open Studio Watercolor class is a place for everyone and every skill level, where you learn to let the water do the work for you.

Class will likely include figures, still life, and photos. Participants may also travel to outdoor locations to paint "en plein air." Students will work at various skill levels with a weekly design and art element focus. More advanced students will be partnered with beginning students in class activities that involve networking, peer tutoring, and critique. Individual and beginning level pull-out sessions will address specific instructional needs.



INSTRUCTOR

Jesi Pace-Berkeley is a Professional Fellow of the Virginia Museum of Fine Arts and Artist in Residence at the Don and Catherine Bryan Cultural Series, Outer Banks.

39. Preparing Chinese Dim Sum

Anne McNabb

Fridays, 2 weeks:

Nov 8, 10:00 – 11:30, Zoom

Nov 15, 9:00 – 1:30, Instructor's home

Limit: 12

Fee: \$35

This course will teach you how to prepare Dim Sum, the food of Chinese Tea House lunches. Dim Sum dishes are small items, mostly deep-fried, baked or steamed, often served with sauces. In restaurants, patrons select from circulating carts of these items and are billed accordingly. A Zoom class will introduce the recipes we will prepare. Then we'll meet at the instructor's home for a morning of cooking followed by a three-course lunch. We'll make a variety of Dim Sum dishes such as dumplings or pot-stickers, steamed buns and deep-fried tidbits (e.g., won tons), a total of about 10 dishes.



INSTRUCTOR

Anne McNabb is professor emerita of biological sciences and associate dean of the Graduate School at Virginia Tech. She is also an avid cook who has taught Chinese and Moroccan cooking classes for LLI; she is particularly interested in international cuisines.

40. LLI Knit-Along: Simple, Adaptable Pullovers for Everyone

Diana George, Kaye Graham, Nancy Metz

Fridays, 11:00 – 12:30

6 weeks: Oct 4, 11, 18, 25, Nov 1, 8

Instructor's home, Blacksburg

Limit: 10

Fee: \$35

Ready to graduate from hats and scarves to fitted sweaters? The two options for LLI's Fall Knit Along would be great choices for your first attempt. Both are simple, gender-neutral designs available in all sizes, one a classic, crewneck, the other an easy colorwork pattern. An optional free app provides help with each step.

"First sweaters" can also be "fancy sweaters"! Experienced knitters, please join us. We can't wait to see how you make these basic patterns your own through inventive stitchery, artful colorwork, and creative modifications.



Fall pattern choices: Flax and Sparkle from Tin Can Knits.
Questions: email nancy.metz@vt.edu

41. A German Soldier's World War II Journey: Film and Panel

John Muffo, Coordinator

Fridays, 1:00 – 2:30

1 week: Sep 27

Zoom

Limit: 45

Fee: \$15

Participants will be given access to stream a recent documentary, *The Unimaginable Journey of Peter Ertel*, in advance of a panel discussion on Sep 27. The film is about an ordinary German soldier who was drafted into the army, sent to the eastern and western fronts, captured by U.S. forces, became a prisoner of war, and eventually returned to Germany to help rebuild the country. The film won prizes at several competitions, including the Cleveland International Film Festival. The class will meet on Zoom on Sept 27 with the film's director/producer and two experts on German prisoners of war who will discuss the film and historical context and take questions.

The film will be available for four days for viewing on a streaming platform. Those taking the class will be given a link and password to view the film during that four-day period.



INSTRUCTORS

Joseph Cahn, an independent filmmaker, is the director and producer of *The Unimaginable Journey of Peter Ertel*.

Barbara Schmitter Heisler, a retired historian from Gettysburg College, wrote *From German Prisoner of War to American Citizen: A Social History with 35 Interviews* (2013).

John Gillum is the director of the Aliceville, Alabama museum, which houses memorabilia of World War II German prisoners of war.

42. Taking Control of Your Online Afterlife

Heather Moorefield-Lang

One week: Friday, Sep 27

2:00 – 3:15

Zoom

Limit: 50

Fee: \$15

As older adults, most of us plan for the legacy we will leave after death. We write memoirs, identify new homes for meaningful possessions, and make or revise wills that distribute assets. But how many of us have considered our probable online afterlife? How many have inventoried our digital accounts, subscriptions, and passwords? How many have examined social media profiles, chats, photos, videos, websites and blogs? Join Heather Moorefield-Lang to discuss Digital Legacies, the lives we have built online—how to edit, curate, and control access to them, and how to share them safely.



INSTRUCTOR

Heather Moorefield-Lang is an associate professor in the Department of Library and Information Studies at the University of North Carolina, Greensboro. Her research focuses on accessible technology and makerspaces. She and her husband Jeff have taught several technology courses for LLI.

Out & About Field Trips

43. Lake Life: Southwest Virginia's Claytor Lake

Monday, September 16, arrive by 9:30 – depart approximately 1:00

Rain date Sept 18

Claytor Lake State Park

6620 Ben H Bolen Dr, Dublin

Limit: 28

Fee: \$15



On this outing, you'll enjoy a boat ride with guides and hear about the history of Claytor Lake and its hydroelectric dam. Then you'll take a walk with the park naturalist to learn about the plants and animals that inhabit this preserve. Pack a picnic lunch to eat with LLI members before heading home.

Park your car and meet at Picnic Shelter #1 by 9:30; the fee has been waived. Carpooling is encouraged. Wear clothing and shoes appropriate for trail walking and weather. If you wish, download apps or bring books to help you identify birds, wildflowers, and trees.

EVENT HOSTS AND GUIDES

Ralph Robertson, chief ranger, Claytor Lake State Park

Mary-Kate Easter, park naturalist

John Garrett, owner, Claytor Lake Water Sports

April Martin, director, Wilderness Road Museum

44. Catawba Sustainability Center

Thursday, September 19, 12:15 – 2:15

Rain date, Sept 23, 12:15 – 2:15

Meet at the Catawba Center, 4965 Catawba Creek Road

Limit: 20

Fee: \$15



Once a former dairy farm supplying the Catawba Hospital, this 377-acre property now serves as a living laboratory for Virginia Tech research and teaching. Participants are welcome to bring a lunch to eat at the picnic shelter at the Catawba Center before the 12:15 presentation. Manager Adam Taylor will talk about sustainable practices in agriculture, forestry, and land management, including Appalachian medicinal plants and regenerative grazing practices. We will then drive less than a mile for a walking tour of the farm.

EVENT GUIDE

Adam Taylor has been the manager of the Center for the past 8 years. He has a B.S. in Environmental Science and a Master of Agriculture.

45. The Story of Pandapas Pond and Its Namesake

Monday, September 23, 1:00 – 2:30

Rain date Nov 1 a.m.

Pandapas Pond is located about 3 miles outside of Blacksburg off 460W

Limit: 20

Fee: \$15

This is a field trip to a favorite nearby location in the Jefferson National Forest – Pandapas Pond in the Poverty Creek area. Our host from the New River Land Trust will share its history, including the story of James Pandapas, who developed the area for outdoor recreation and later sold it to the National Forest. Today, the area is one of our region’s most popular outdoor recreational areas with a wide range of activities including fishing, hunting, camping, birding, hiking, running, cycling, and horseback riding.

What to expect: Hike about one mile. Wear appropriate footwear and clothing.

EVENT GUIDE

John Eustis is executive director for the New River Land Trust. He has spent 40 years enjoying the Pandapas Pond/Poverty Creek area.

47. Walk with a Trail Builder

Friday, October 25, 10:00 – 2:00

(travel time additional)

Mill Creek Park, 900 Northview St, Narrows, VA

Limit: 15

Fee: \$15

What to expect: Carpool for 40-minute ride from Blacksburg. About a 30-minute talk followed by 2-hour hike then group lunch. Wear sturdy shoes and bring walking poles if desired.

EVENT GUIDE

Ralph Robertson, is a 72-year-old local legend who built 13 miles of trail for his Narrows community. Hear how and why he created trails in the wilderness by hand and on his own.

46. The Story of Pandapas Pond and Its Namesake

Monday, September 30, 1:00 – 2:30

Rain date Nov 1 p.m.

Pandapas Pond is located about 3 miles outside of Blacksburg off 460W

Limit: 20

Fee: \$15



This avid hiker and mountain biker will lead us on a walk up to the Mill Creek waterfall. The hike is 2.5 miles roundtrip and requires crossing a rock field. Bring a bag lunch.

48. Wreath Making Workshop at Hahn Horticulture Garden

Wednesday, December 4, 1:00 – 4:00

VT Hahn Garden Pavilion, 200 Garden Lane
(entrance off Washington St.)

Limit:12

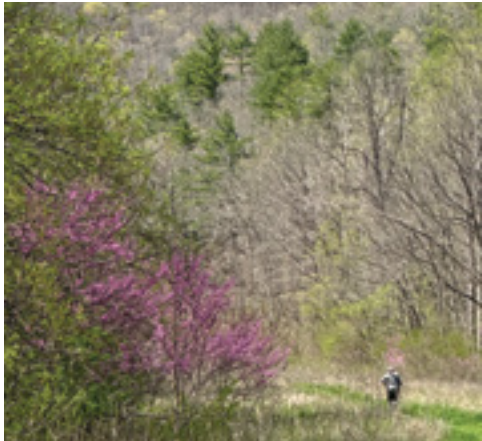
Fee payable to CPE: \$0

Fee payable to Hahn Garden: \$75 for materials
and parking pass



Get in the holiday spirit early and create your own fresh greenery wreath! Have fun learning a skill that you can use year after year, under the guidance of an experienced horticulturist. All supplies, natural greenery, and crafting fun are included! Surprise a special friend or create a wreath for your own front door; then sit back and enjoy the oohs and ahs!

This workshop is provided by the Hahn Horticulture Garden. If your registration is confirmed by LLI, you will be sent payment instructions. Your participation is only guaranteed when you make payment to the Garden.



10th Anniversary Special Events



10 Years of Great Learning Adventures



Thanks to our Tenth Anniversary sponsor, Plott and French Financial Services, for supporting these activities. We appreciate their years of support for LLI at Virginia Tech!

49. 10th Anniversary Celebration

Thursday, October 10, 4:00 – 6:00

Montgomery Museum of Art & History
4 East Main St, Christiansburg

Limit: 80

Fee: \$25 (ticket for spouse/partner/guest, \$25)

We are planning a party at the Montgomery Museum of Art & History to mark this milestone year. The Museum lobby gives us a great chance to display the art and creative work of some of our members and instructors. Enjoy wine and light hors d'oeuvres from Feast & Co., browse the art and congratulate your creative friends, join us as we remember how we have grown, and hear the exciting news about the public launch of the LLI Endowment Fund. Space is limited so register early! Parking in the rear.

50. Dan Sherman in Person! 1939: Hollywood's Golden Year

Tuesday, November 19

2:00 coffee/cookies; event 2:30–4:30

Warm Hearth Village Center

Limit: 80

Fee: Free

Open to Warm Hearth residents

The studio system of the late 1930s brought together extraordinary writers, directors, and actors to give us films starring Cary Grant, Bette Davis, Judy Garland, Henry Fonda, Joan Crawford, Jimmy Stewart, and many others.

This talk will explain how the studio system worked by telling the story behind films such as “Stagecoach,” “Young Mr. Lincoln,” “The Women,” “The Wizard of Oz” and “Gone with the Wind.” There will be many clips of these and other films as we discuss Hollywood in its prime.



Free Lectures and Special Events

Register for as many as you plan to attend; these programs are offered as a member benefit. (Warm Hearth residents who are not LLI members are invited to attend talks and events held at Warm Hearth; registration is not required.)

51. Enjoy Free Audio Books, eBooks, and Magazines on Your Apple Devices

Friday, September 20, 10:30 – 12:30

Blacksburg Public Library Community Room
200 Miller Street, Blacksburg
Limit: 10

Library experts will teach you how to read eBooks and magazines, and listen to audiobooks, all for free with OverDrive's Libby app and your library card.

The library offers one-on-one help before the class. Just go to the desk at the library with your device to get help downloading the Libby app. To install the Libby App, Apple devices need iOS 10 or higher, Android devices (and Kindle Fire) need Android 7.1 or higher.

YOU WILL NEED

- A Montgomery-Floyd Regional Library card in good standing. ([Sign up online at mfri.org](http://mfri.org) or in any branch library)
- Your device: iPad or iPhone for Apple; Samsung, LG, Nexus, Kindle, etc. for Android.
- OverDrive's Libby app downloaded in advance from the App store for your device.

52. Enjoy Free Audio Books, eBooks, and Magazines on Your Android Devices

Friday, September 20, 2:30 – 4:30

Blacksburg Public Library Community Room
200 Miller Street, Blacksburg
Limit: 10

Download Libby today!

available at
amazon appstore

GET IT ON
Google Play

Download on the
App Store

or read & listen online at Libbyapp.com



Healthy Dialogues with LewisGale Hospital Montgomery

53. Two Outpatient Therapies to Improve Your Life

Wednesday, September 25, 5:00 – 6:00

Warm Hearth Village Center, Tall Oaks Room

Limit: 60

Pelvic floor muscles are an important part of the body's control system for posture, core strength, respiration, and bowel and bladder as well as sexual function. The pelvic floor is surprisingly similar between men and women, and everyone can benefit from knowing how to optimize pelvic floor muscle function, even before symptoms develop. It's not all about Kegels, and the influences upon this muscle group extend well beyond the pelvis. Amanda Haasken, PT, PRPC will help you understand how to unlock pelvic potential!

Swelling from lymphedema commonly affects the arms or legs, but it can occur in other parts of your body that have accumulated fluid usually drained through the lymphatic system. While there is no cure, health care providers can ease



the symptoms, sometimes through a gentle form of manual lymphatic drainage, addressing small changes in your life like exercise and diet, and promoting careful skin care to avoid infections. Ryan Proffitt OTR/L, CLT, CORE will walk you through the treatments and services that will help you manage uncomfortable and possibly dangerous swelling.

54. Understanding and Treating Heart Disease

Tuesday, October 1, 5:30 – 6:30

Warm Hearth Village Center, Tall Oaks Room

Limit: 60

A heart attack doesn't just happen from 9:00 to 5:00. Cardiac care is available 24/7 at LewisGale Montgomery, which has invested in the latest technology to effectively diagnose and treat a wide range of conditions that affect the heart and vascular system. Working with the Cardiothoracic Team at LewisGale Salem, they offer evaluation and management of valvular disease. Bring your questions to this conversation with a heart expert. (Sorry, no personal diagnoses provided!)

INSTRUCTOR

Dr. John Patterson is a Cardiologist with LewisGale Physicians, serving the New River Valley. He has nearly



30 years of experience specializing in Cardiology, Cardiovascular Disease, and Interventional Cardiology. He gets his greatest satisfaction when a critically ill patient returns to their daily activities and a normal lifestyle.

55. Meet Renée Watson: Poet & Writer of Young Adult Fiction



Friday, October 4, 3:00 – 4:30

Warm Hearth Village Center, Tall Oaks Room

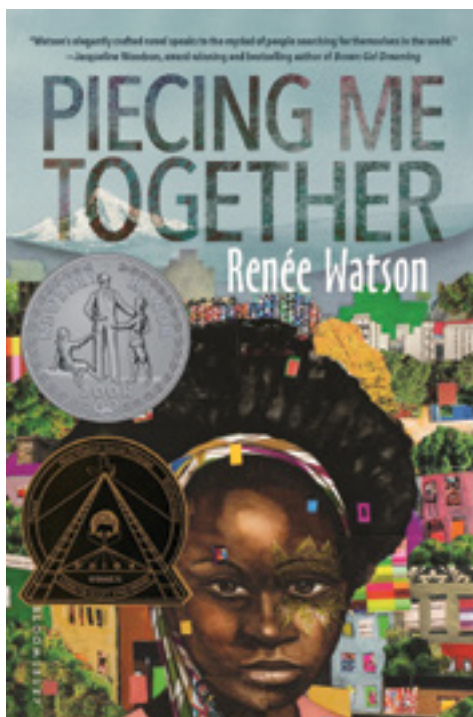
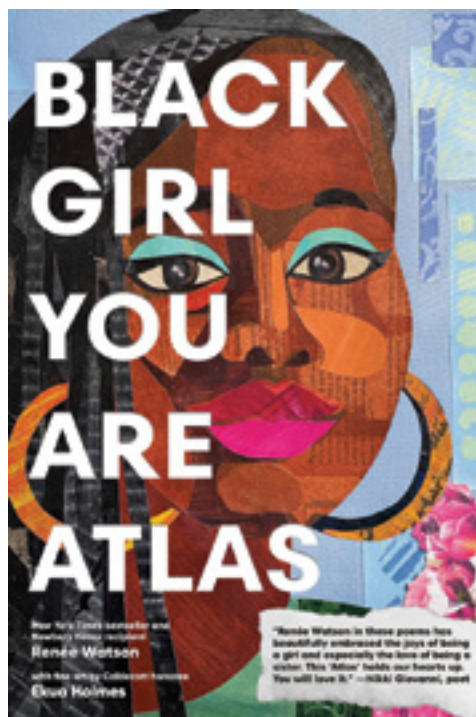
Limit: 75

This talk is open to the public.

LLI is honored to host **Renée Watson**, a *New York Times* best-selling author whose books have sold over one million copies. Her young adult novel *Piecing Me Together* won the Coretta Scott King Award and a Newberry Honor. Watson, who is from the Pacific Northwest city of Portland, bases many of her books on her experiences growing up there. One of her passions is using the arts to help young people cope with trauma and become aware of social issues.

Watson will speak about writing, both its challenges and its rewards, and the many themes central to her own writing: home, identity, and body image as these relate to the experiences of young Black girls and Black women.

We'll hear a few excerpts from her work, including pieces from her recent volume of adult poetry, *Black Girl You Are Atlas*. Following her talk, there will be a Q&A and a book signing.



56. Ranked Choice Voting (rescheduled from fall 2023)

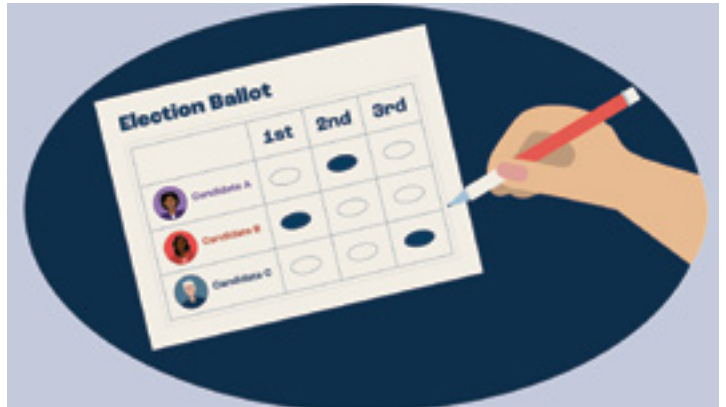
Co-sponsored by the League of Women Voters of Montgomery County and the Montgomery County-Radford City-Floyd County NAACP. The public is welcome. Advance registration by LLI members is appreciated; non-members do not need to register.

Wednesday, October 16, 7:00 – 9:00

Blacksburg Town Council Chambers

Limit: 75

This presentation will explore the option of ranked choice voting (RCV), an electoral method gaining momentum in the US and in Virginia. With RCV, voters rank all candidates in an election rather than choosing one. The benefits of this method include better representation of voters' viewpoints and more collegial campaigning. The need for costly runoff elections is bypassed because the candidate who garners more than 50% of the vote wins. If no one gets a majority of votes, the candidate with the fewest votes is disqualified. Voters whose candidate is eliminated then have their second choice counted.



INSTRUCTORS

Liz White, executive director of UpVote Virginia, a nonpartisan democracy reform collective.

Caitlin Jewitt, associate professor of political science at Virginia Tech and author of *The Primary Rules: Parties, Voters, and Presidential Nominations*.

57. Traditions and Transformation: Black Appalachia

In collaboration with the Montgomery Museum of Art & History

Wednesday, November 6, 2:00 – 3:30

Moss Arts Center, Cube

Limit: 75

Open to the public

Traditions arise from the survival of communities within an environment. Those methods of living, working, playing, and learning repeatable practices usher a culture through generations. How do traditions transform in the face of shifting environments? This is one of many questions Dr. Jennings explores as she builds gourd instruments from around the world and transforms them into modern sculpted works. Her music is rooted in the sounds of Black Appalachia. Join her as she shares some of those old songs and new songs, old instruments and new instruments, arising from a rich and vibrant tradition.

Dr. Jennings is among the artists performing in Cultural Crossroads in Traditional Music & Dance hosted by the



Montgomery Museum of Art & History on November 6 at 7:00 p.m. at the Moss Arts Center. Tickets available through the Moss Center.

INSTRUCTOR

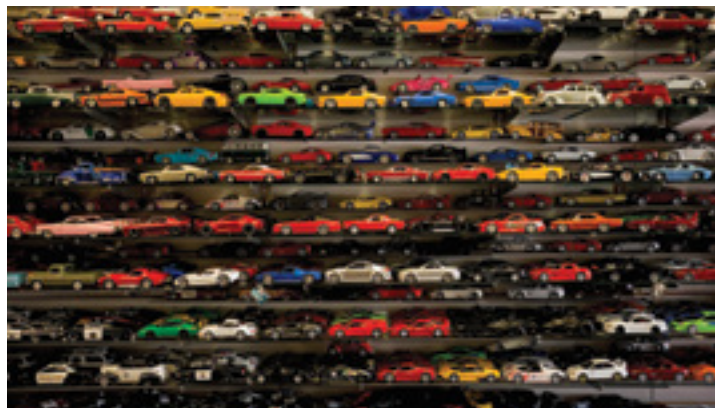
Dr. Dena Jennings, chair of the Virginia Commission for the Arts, is a physician and artist who plays Appalachian and other roots music on gourd instruments that she creates.

58. Collectors Gallery

Monday, November 11, 11:00 – 12:00

Warm Hearth Village Center, Tall Oaks Room
Unlimited

We know that there are avid collectors among our LLI members who would love to talk about their favorite things: Quilts (painted or sewn)? Comic books? First editions? Beanie babies? Jade carvings? Fridge magnets? Foreign currency? Antique cameras? Items from foreign travel? Display special items from your collection and share the joy of collecting with others at a mini-exhibition at Warm Hearth. This is a great way to get to know LLI members and their personal passions. Walk around the room, talk to each collector about what sparked their interest in collecting those items, what is their most valuable item, and what they love about them. Stay for lunch to keep the conversation going.



Want to share your collection? Contact Molly McClintock, mollymclintock235@gmail.com, 540-239-6432.

59. Learning to Care on a Deeper Level: The Stories of Four NBA Stars

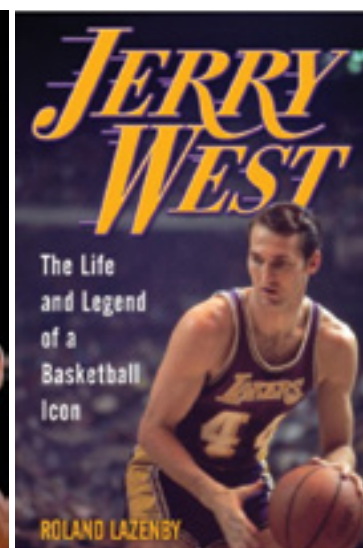
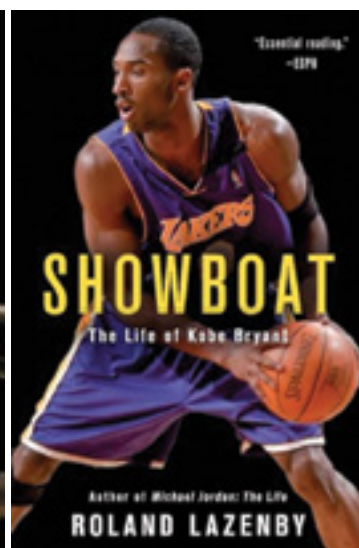
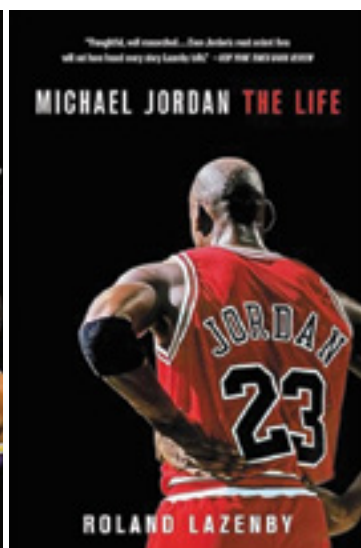
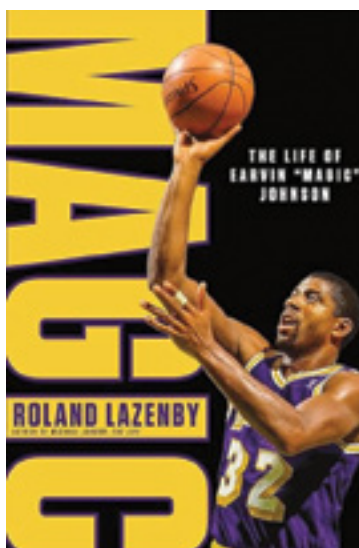
Friday, November 15, 10:00 - 11:30

Warm Hearth Village Center, Tall Oaks Room
Limit: 60

Sports journalist **Roland Lazenby** loves to write about competitive personalities, especially those in the NBA. He likes to write about their families and explore where they

came from. He tries to connect the important cultural dots in the backgrounds of the iconic figures he writes about.

Lazenby will share stories of four extraordinary players – Michael Jordan, Kobe Bryant, Jerry West, and Magic Johnson – whose lives he chronicled in intimate detail, based on hundreds of interviews and years of tracking their careers.



Fall 2024 Registration

There are three ways to register this fall, beginning at **10:00 a.m., Monday, August 26**

1. Online with a credit card ***best option***
2. On the phone using a credit card
3. Walk-in registration at Continuing and Professional Education beginning at 1:00pm on August 26

Note: There will be no MAIL-IN REGISTRATION; please call or drop by the office.

NEED HELP?
Please contact CPE
Registration at
540-231-5182

ONLINE REGISTRATION

Familiarize yourself with the courses and virtual events before logging in to register. Note your preferences and identify additional choices in case your preferred courses are sold out. You will have the opportunity to add your name to a wait list for sold-out courses at the end of the registration process.

Online registration opens **Monday, August 26 at 10:00am**
at the LLI Homepage: www.cpe.vt.edu/lifelonglearning.

From the Homepage, select **REGISTER**, scroll down, and click on the **Register Online** button to begin your registration.

1. Login page:

- a. If you have an account, select **I have an account already** and enter your user name and password. Select **Login**. If you have forgotten either or both of these, click on **Forgot User Name** or **Forgot Password**. If you have forgotten your user name, your user name will be emailed to you. If you have forgotten your password, you will be sent a link to reset your password (the link expires after four hours). Please make a note of this information for easy retrieval in the future.
- b. If you are new to LLI, select **New User**. You will be asked to choose your user name, enter your information, select **Register**, and follow the directions.

2. Membership page: Fall term membership is required. No action is required on this page. Scroll to the bottom and **Continue**.

3. Course and Special Event Selection page: select your classes by using the dropdown box and selecting **1** next to each desired class and/or event. When you have completed your selections, click Continue. If a desired class is **sold out**, you will be offered an opportunity to add your name to the wait list at the end of the registration process.

4. Additional Information page: respond to the required questions and click to agree that you will not share any Zoom links.

5. Review and Pay page: review your course selections. Select your payment method, agree to the policy statements, then select **Pay and Register**.

6. Credit Card page: enter your credit card information as required.

7. Receipt and Confirmation page: the receipt will include confirmation of your courses and events. Zoom links, if needed, will be sent by email at a later date.

PHONE REGISTRATION

You may register by phone beginning at 10:00 a.m. on August 26. Please call 540-231-5182. You will need to give your credit card information to the registrar.

WALK-IN REGISTRATION

You may register in person at the Continuing and Professional Education office, 1900 Kraft Drive, Suite 1100, beginning at 1:00pm, August 26.

Fees & Policies

FEES

Fall term membership is \$60. You must be a member to register for a course and to participate in free virtual events. LLI courses are \$35 per course for classes of three or more sessions and \$25 for courses of two sessions. One-session classes are \$15. Some courses require an additional materials fee or purchase of a textbook or supplies. Additional fees or costs are noted in the course description. Special events are free to members.

FEE WAIVERS

The Lifelong Learning Institute is committed to accessible and affordable educational opportunities for NRV residents. Requests for fee waivers should be addressed to the LLI Program Coordinator, phone 540-231-1725. All requests are confidential.

COURSE WAIT LISTS

If a desired course is full, you will have the opportunity to add your name to a wait list at the end of the registration process. You may also call the CPE Registrar (540-231-5182) to put your name on the wait list. If an opening occurs, wait listed members will be contacted in order.

GUESTS

LLI courses are intended for LLI members and official partner organizations only. LLI students are not permitted to share Zoom access links for courses or special events with any unregistered person.

TO ADD A COURSE

If you are already registered for the term and wish to add another course, please contact the CPE Registrar at 540-231-5182 or cpeinfo@vt.edu for assistance. If the course is not full, it may be added to your schedule.



TO DROP A COURSE OR EVENT

If you need to drop a course before it has begun or an event for which you registered, please notify the CPE Registrar (231-5182 or cpeinfo@vt.edu)

REFUNDS

Membership fees are not refundable. However, if LLI cancels a course for any reason, and the member has not enrolled for any other activity, the membership fee and the course fee may be refunded. A member must cancel enrollment one week prior to the first session of the class to receive a refund of the course fee.

SCHEDULE CHANGES

All schedule changes and last-minute class cancellations will be communicated by email from the Class Assistant (or Instructor). Email is our primary means of communication. Please check your email regularly.

MAKEUP CLASSES

If a makeup class is scheduled because of a cancellation, you will be notified by email of the date and time.

ACCOMMODATIONS

If you are an individual with a disability and desire accommodation or you have questions about the physical access provided at a location, please contact the LLI Program Coordinator at 540-231-1725 or contact us by email at lifelonglearning@vt.edu at least 14 days in advance of the start of class or the event.



CONTINUING AND
PROFESSIONAL EDUCATION
VIRGINIA TECH

Volunteer!

The Lifelong Learning Institute at Virginia Tech thrives on the contributions of its volunteers. Please consider joining the ranks of those who contribute time, service, and expertise. Send a note with your interest to lifelonglearning@vt.edu.

TEACHING

We welcome your suggestions for courses, lectures, and programs. Send your ideas directly to the Program Committee's Co-Chairs, Molly McClintock (mollymclintock235@gmail.com) and Nancy Metz (nancy.metz@vt.edu). We also invite you to teach a course in an area of your own expertise. Proposal and Event forms are available on the LLI website.

INSTRUCTIONAL SUPPORT: CLASS ASSISTANTS

We seek and train volunteers to serve as class assistants. Responsibilities may include distributing classroom information, setting up and restoring the room, introducing the instructor, and assisting with technology. Class assistants receive Zoom training to support online learning.

COMMITTEE WORK

We actively recruit new members to serve on our five LLI committees: Program, Outreach, Instructional Support, Social Events, and Development.

OCCASIONAL ASSISTANCE

We seek volunteers for a variety of tasks that do not require sustained commitment. Let us know, for example, if you have newsletter writing / editing skills, if you could take photographs of LLI events, drive your car for one of our field trips, help out with classroom AV, or help an instructor create PowerPoint presentations.

Volunteers create the spirit and shape the experience of LLI. We look forward to welcoming newcomers into our vibrant community of support.



Donate!

SUPPORT THE LIFELONG LEARNING INSTITUTE AT VIRGINIA TECH

LLI has become an important part of the quality of life for retirees in the New River Valley and an effective outreach program for Virginia Tech. Your support will allow the LLI at Virginia Tech to grow this important community resource.

The Lifelong Learning Institute is a self-supporting entity of the Division of Outreach and International Affairs at Virginia Tech. All gifts to LLI (excluding membership and course/event-related fees) are fully tax deductible to the extent allowable by law. Designated gifts are received and managed by the Virginia Tech Foundation for the purpose of growing and sustaining the Lifelong Learning Institute.

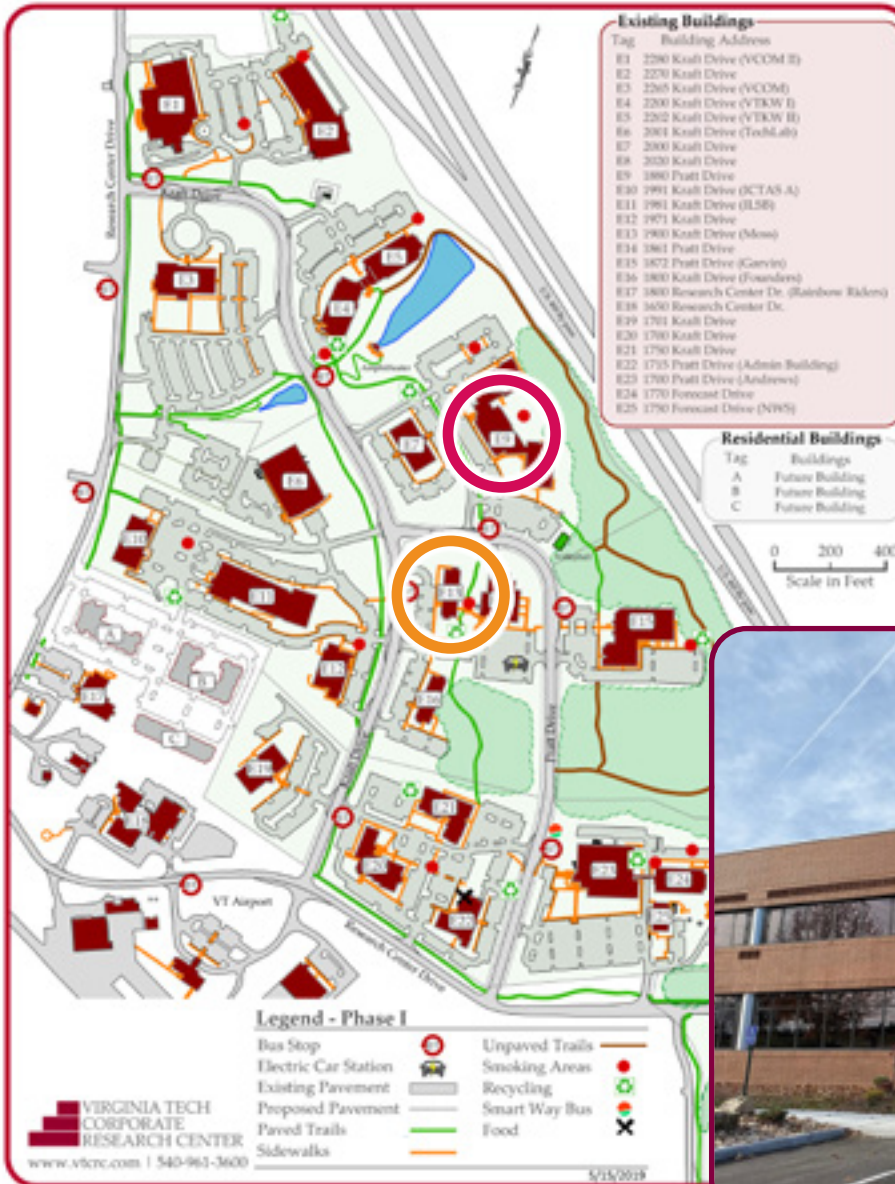
PAYMENT OPTIONS

Online: Please go to Virginia Tech Foundation / LLI Giving Page. Complete the form. Be sure to specify "Lifelong Learning Institute" in the "Designation" box.





By check: Make checks payable to Virginia Tech Foundation, Lifelong Learning Institute in Memo Line. Mail to: Virginia Tech Foundation, 902 Prices Fork Road, Blacksburg, VA 24061.



Corporate Research Center Locations



TWO LOCATIONS AT THE CORPORATE RESEARCH CENTER

-  E9, 1880 Pratt Drive, Concept Room (classroom style)
-  E13, 1900 Kraft Drive, Moss Building, Curiosity Room
-  Continuing & Professional Education offices
-  Walk-in registration will be HERE!

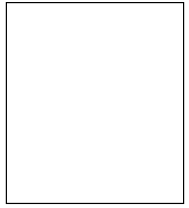


Map of the Virginia Tech Corporate Research Center

Entrance to 1900 Kraft Dr, the Continuing and Professional Education offices & Curiosity Room



Lifelong Learning Institute at Virginia Tech
Continuing and Professional Education
1900 Kraft Drive, Suite 1100
Blacksburg, VA 24061



Join us! See where your own LLI adventure might take you!

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10 Years of Great Learning Adventures

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